

CURRICULUM VITAE

Dr.Sowmya.H.S
Guest Lecturer,
Department of Studies in Education
University of Mysore, Mysuru

ATTRIBUTES SUMMARY:

- Contribute the best to the field of Education
- Active involvement in counseling activities
- Equipped with multi-talent, discipline, impressing and convincing people, mutual respect, ethics and responsibility
- Achieving success at every aspect of life
- Role model for others
- Desire to pursue further learning in different required areas

ACADEMIC QUALIFICATION:

M.A in English at Karnataka State Open University, obtained **second class** during 2015.

Qualified **State Eligibility Test (SET)** for Assistant Professorship conducted by Karnataka State Eligibility Test Center during 2014

Qualified **UGC NET** in Education for Assistant Professorship during 2014.

M.A in Sociology at KSOU, obtained aggregate **second class** 2013.

Awarded **PhD Degree in Education** from University of Mysore, Mysore under the Guidance of Respected Guide **Dr. Ningamma C Betsuron** the Topic “**Mental Health Of Secondary school Female Teachers in relation to their Emotional Intelligence and Women Empowerment**” during July 2013.

PhD course work successfully completed at DOS in Education, University of Mysore, Mysore with 79.5% during June 2012.

PGDE - Post Graduate Diploma in English, at Karnataka State Open University, Obtained Second class with 50% during 2009

M.Ed, University of Mysore, Obtained Distinction during 2007

PGDGC - Post Graduate Diploma in Guidance and Counseling, Regional Institute of Education, Mysore, Obtained first class, during 2006

M.Scin Psychology at DOS in Psychology, University of Mysore, Obtained Distinction during June 2005.

B.Ed. Degree at OnkarmalSomani College of Education, University of Mysore, Obtained Distinction with **75%**, during October 2003

B.A. Degree with History, Psychology and Sociology as optional subjects, at Maharani's Arts College for Women, University of Mysore, Obtained aggregate, Second Class during May 2002

Pre-University Course, at Marimallappa PU College, Mysore, under the Department of Pre-University Education, Government of Karnataka, Obtained First Class with **68.5%**, during April - May 1999.

SSLC, at D.Banumaiah Girls High School, Mysore, under the Karnataka Secondary Education Examination Board, Obtained First Class with **68.64%**, during April 1997

WORK EXPERIENCE:

- Working as a Guest Lecturer at DOS in Education since 10yrs, University of Mysore, Mysore
- Successfully completed a Project as member of research team in the project entitled "Effect of Multiple Intelligence Theory Based Instructional Strategy on Achievement in Mathematics and Problem Solving Ability of IX Standard Students" sanctioned by Pandit Madan Mohan Malaviya National Mission On Teachers and Training Scheme, School of Education, Central University of South Bihar, Gaya during 2019-2020.
- Successfully completed a project sanctioned by NUEPA (CPRHE) entitled "Quality of Higher Education in India: A Study of External and Internal Quality Assurance at the Institutional level" as a member of research team during 2016-17.
- Successfully worked as a 'Item Writer' in the preparation of questions on General Intelligence and Reasoning for the question bank of Staff Selection Commission(SSC)in the year 2016.
- Successfully completed UGC Major Research project for 3 years as a project fellow on "Evolving Strategies for women Empowerment in Higher Education".
- Worked as a Guest faculty for a year while carrying out UGC Major Research Project at DOS in Education, University of Mysore, Mysore
- Worked as a Lecturer at Shri ChayadeviBEd College for one year during 2007-2008.

CURRICULAR ACTIVITIES:

Book Published:

- 1) Gate Guide for English Literature with ISBN –978-1-68563-226-7 as a co-author.

Chapters in Edited book:

- 1) **Chapter on “The Study Of Environmental Awareness Among 9th Standard Students Of Hunsur Taluk”**, in the National book titled ‘Multi-Disciplinary Research Explorer’, with ISBN – 978-1685384975 Published by Notion Press, Chennai, India on 30th August 2021.
- 2) **Chapter on “Variables in the Educational Research ”**, in the Inter-National book titled ‘Research and Publication Ethics’, with ISBN – 978-1685546717 Published by Notion Press, Chennai, India on 15th September 2021.
- 3) **Chapter on “Correlation study of Mental Health and Women Empowerment”**, in the National book titled ‘ Contemporary Multi-Disciplinary Research Trend’, with ISBN–978-168586-1445 Published by Notion Press, Chennai, India on 10thOctober 2021.
- 4) **Chapter on “Relation between Physical fitness and Mental health”**, in the Inter-National book titled ‘Multi-Disciplinary Research Today’, with ISBN – 978-168586-1445 Published by Notion Press, Chennai, India on 30th October 2021.
- 5) Four SLM Chapters on Unit -9 Techniques of Relationship Enhancement, Unit-10 Parent -Child Relationship Enhancement, Unit -11 Teacher -Pupil Relationship Enhancement, Unit -12 Pupil -Pupil Relationship Enhancement have been successfully written in both English and Kannada Languages for Karnataka State Open University MA in Education in the year 2021
- 6) Two SLM Chapters on Unit -5 Child centered and Student centered education, Unit - 6 Learning society and lifelong education, have been successfully written in both English and Kannada Languages for Karnataka State Open University MA in Education in the year 2022
- 7) Four SLM Chapters on Unit-1 Higher Education, Unit – 2 Models Of Teaching, Unit - 3 Teaching – Learning in Higher Education –II, Unit – 4 Problems and Innovations in Higher Education have been successfully written in both English and Kannada Languages for Karnataka State Open University MA in Education in the year 2022

Editing Books:

- 1) **Editor of a National book** titled ‘ Contemporary Multi-Disciplinary Research Trend’, with ISBN–978-168586-1445 Published by Notion Press, Chennai, India on 10th October 2021.
- 2) Rendered service in editing Kannada Jyothi Book of “Namma Oora Kalike” project executed by Bhavya Jyothi Trust during November 2022 .

PAPERS PUBLISHED in Journals with ISSN/ISSBN Nos:

- 1) **Emotional Intelligence in relation to Personality** – Psycho-Lingua, Vol.40, Jan/July, 2010. ISSN No.0377-3132,
- 2) **Mental health and Job Satisfaction** – Southern Economist, vol.51, number-5, 2012. ISSN No- 0038-4046
- 3) **Awareness about Women Empowerment among Secondary school female teachers in Mysore Taluk** – Education and Society ,**An International Journal of Education & Humanities**,Vol.III, number -1 , Jan –dec.2014, ISSN No.2319-9687, APH publishing Corporation, New Delhi.
- 4) **A study on emotional intelligence of secondary school female teachers in Mysore taluk** – Innovative Thoughts, **International Rersearch Journal**, vol.2, Issue-1, August 2014, pIssn -2321-5453, eISSN-2345722,NAS publishers, Kerala.
- 5) **A Correlation study between Emotional Intelligence and Women Empowerment in Mysore Taluk** – Conflux , Journal of Education, **A peer Reviewed International Journal**, vol-2. Issue-3, August 2014, pISSN-2320-9305, eISSn – 2347-5706.NAS publishers, Kerala.
- 6) **“Analysis of Eco-literacy among Pre-University students of Mysore”** – **International Journal of Research in Social Sciences**, Volume.09, Issue 2(1), February 2019, ISSN: 2249-2496 with impact factor: 7.081
- 7) **“ Moral Judgement among Secondary School” - International Journal of Research and Analytical Reviews**, **UGC approved Research Journal**, Special Issue of International Conference, April 2019, EISSN 2348-1269
- 8) **“The Impact of audio-visual Package in teaching English on Learning Outcome among secondary school in Mysore”** – Journal Of Education: Rabindra Bharathi University, Vol.:XXV, No.:2(III), ISSN: 0972-7175 with impact factor: 5.8, UGC CARE, Peer reviewed and Refereed Journal.

PROJECTS and DISSERTATIONS UNDERTAKEN:

1. UGC Major Research project as a project fellow on “**Evolving Strategies for women Empowerment in Higher Education**” during 2008-2011.
2. A Dissertation work titled ‘**Emotional Intelligence among D.Ed Trainees**’, in partial fulfillment of the requirement for the Master degree in M.Ed. during the year 2006-2007.
3. A Dissertation work titled, “**Stress among HIV + Female Patients**”, in partial fulfillment of the requirement for the degree in M.Sc in Psychology, during the year 2004-2005, under the guidance Dr.Basavarajappa, M.A., M.Phil.
4. A Project work on the topic, ‘**An Exceptional Child**’ (A Study Conducted at ‘KAUSHALA’, Mysore), in partial completion of M.Sc in Psychology Degree prescribed by the University Of Mysore, during the year 2004-2005, under the guidance Dr.Basavarajappa, M.A., M.Phil.
5. A Project work on ‘**Local History of Kalale**’, in partial completion of B.Ed. Degree, during the year 2002-2003, under the guidance of Dr. Suma Shanker.

Role in conducting International National Seminars, National seminars and workshop:

- 1) Rapportured the session in the National Conference on “ Education for Sustainable Development” conducted by University of Mysore, DOS in Education and SIO of India at Mysore on 27th and 28th March 2014.
- 2) Worked as a Coordinator of Cultural Committee in the National Conference on “Education for Sustainable Development” conducted by University of Mysore, DOS in Education and SIO of India at Mysore on 27th and 28th March 2014.
- 3) Co-ordinated a visit to Ramakrishna Institute of Moral and Spiritual Education, Mysuru for MEd students, Department of Studies in Education, University of Mysore, Mysuru in the academic year 2014-15.
- 4) Resource person for the State level Two days workshop on “ Curriculum Reconstruction for 2-year Med – NCTE-2014 Regulation” at University of Mysore, Mysuru on 21st&22nd April 2015.
- 5) Successfully performed the duty of ‘Convener’ for one day state level Seminar on “Issues and Challenges in Learning English”, organized by Department of Studies in Education, University of Mysore, Mysuru on 22nd February 2017.

- 6) Resource Person for the international seminar on “Building Research and Innovative Capabilities for Global Competitiveness” organized by G.P.Porwal Arts, Commerce And V.V.Salimath ScienceAnd BCA College and Bhaskaracharya-II P.G.Study Centre, Sindgi on 15th April 2017.

Translation work:

Actively engaged as a External Translator in translation initiatives from ‘Introduction to Research Course’ executed by Azim Premji University.

Special Lectures Delivered:

- Delivered Lecture on ‘**Teaching Aptitude**’ for free coaching of Teacher Entrance Test (TET) Competitive Exam conducted by Kriya Spardhi Coaching Center on 4th April 2018
- Delivered Lecture on ‘**Psychology – Child Development and Pedagogy**’ for free coaching of Teacher Entrance Test (TET) Competitive Exam conducted by Kriya Spardhi Coaching Center on 22nd June 2019.
- Delivered Lecture on ‘**Childhood and Adolescence**’ for free coaching of Teacher Entrance Test (TET) Competitive Exam conducted by Kriya Spardhi Coaching Center on 07th August 2021.
- Delivered 4 Special Lectures on ‘**Research Methodology**’ for free coaching of UGC NET Exam conducted by VIVID Educational & Cultural Trust on Four days dated
 - i) 14th August 2022
 - ii) 21st August 2022
 - iii) 11th September 2022
 - iv) 18th September 2022
- Delivered Special Lecture on ‘**Self Employment**’ on one of the program conducted by Bhavya Jyothi Trust on 27th November 2022.
- Delivered 3 Special Lectures on ‘**Psychology – Child Development and Pedagogy**’ for free coaching of Teacher Entrance Test (TET) Competitive Exam conducted by Kriya Spardhi Coaching Center on days dated
 - i) 13th October 2022
 - ii) 20th October 2022
 - iii) 27th October 2022

WORKSHOPS ATTENDED:

1. Participated in **“User Awareness Programme on Access to e-Resources of UGC-INFONET Digital Library Consortium”**, organized by Department of Library and Information Science, University of Mysore, Mysore on 21st & 22nd October 2008.
2. Participated in 6-Days training Programme on **“Research Methodology”** in Social Sciences from 16-02-2009 to 21-02-2009 sponsored by University of Mysore, organized by UGC-Academic Staff College, university of Mysore.
3. Actively Participated in National level Workshop on **“Technique of writing a Research Paper for a Journal”** at Amrita VishwaVidyapeetham, Amrita School of Education, Mysore, on 10th & 11th April 2009.
4. Attended workshop on **“Research and Statistical techniques”** at Regional Institute of Education (NCERT), Mysore, from 17th march to 21st march 2010
5. Participated in UGC-CPE sponsored One-day National Level Workshop on **“Modern Trends in Research Methodology Part –II”**, at SBRR Mahajana First Grade College, Jayalakshmiapuram, Mysore, on 16th April 2013.
6. Attended the Workshop on **‘Literature Review’** organized by Mysore University Library, University of Mysore, Mysore on 19th December 2013.
7. Participated in **“Census Data Dissemination”** workshop conducted by the University of Mysore and the Directorate of Census Operations, Karnataka on 23rd January, 2014 at Rani Bahadur Auditorium, BIMS, Manasagangotri, Mysore.
8. Attended a One day User Awareness Program on **“Shodhaganga”: A Digital Repository of India e-Theses or e-Dissertations** on 15th February, 2014 at Mysore.
9. Participated in a day workshop on **“Intellectual PROPERTY Training and Awareness”** organized by Institution of Excellence, University of Mysore, Mysore on 10th April, 2014.
10. Attended one day workshop titled **‘Technology in Higher Education’** in collaboration with Karnataka JnanaAayoga and University of Mysore, Mysore on 7th February, 2015
11. Attended two days workshop on **“Research methodology in Social Science Research”**, organised by Department of Studies in Public Administration, University of Mysore, Mysore, on 30th and 31st October 2015.
12. Attended workshop on **“Translation”** by Azim Premji University at Regional Institute of Education, Mysore on 04th May 2016

13. *Attended one day workshop on “Academic writing”, organized by Department of Studies in Education, University of Mysore, Mysuru and Azim Premji University, Bengaluru on 13th January 2018.*
14. *Participated in the oneday International workshop on “Philosophy Of Teaching”. Organized by Department of Studies in Education and College Development Council, University of Mysore, Mysuru, held at Vignana Bhavan, University of Mysore, Mysuru on 18th December 2018.*
15. *Participated in one day workshop on “Nai Talim, Experiential Learning and Work Education in School and Teacher Education Curriculum”, organized by Mahatma Gandhi National Council of Rural Education, Hyderabad on 6th may 2019.*
16. *Participated in the five days workshop on “ Curriculum/Faculty Development Programme on Building Rural Resillience” organized by Mahatma Gandhi National Council of Rural Education, Hyderabad from 6th to 10th January 2020.*

SEMINARS ATTENDED:

I - Presented Papers in International Conferences on different topics.

- 1) *Poster Presented paper on “Environmental Ethics Education” at Alumni Association Of Education, Banaras Hindu University, Varanasi, on 16th & 17th November 2008.*
- 2) *Presented paper on “Inclusive Education and Teacher Competencies” at School Of Education & HRD, Dravidian University, Andhra Pradesh from 19th to 21st March 2009.*
- 3) *Presented paper on “Women in India, Historical Perspective and Status of women over the centuries” at Immaculate college of Education For Women ,Puducherry during 5th & 6th February 2010.*
- 4) *Presented paper on “Women Education” at Maharaja Madakarinarayaka First Grade College, Chitradurga, Karnataka from 1st to 3rd November 2010.*
- 5) *Presented paper on “Professional Development of Teachers” at Sixth International Multi –Disciplinary Conference at Mysore on 14th & 15th January 2011.*
- 6) *Presented paper on “Use of ICT in Education among BEd College Students” at Women’s Christian College, Chennai on 28th & 29th November 2013.*
- 7) *Presented paper on “Best Practices for Quality in Teacher Education”, at Bishop Agniswamy College of Education, Muttom, Tamilnadu on 14th & 15th December 2013.*

- 8) Presented paper on **“Use of Puppets in Effective teaching for Primary Children”**, at Dr.N.G.P College of Education and Dr N.G.P Arts and Science College, Coimbatore, Tamilnadu, India on 14th & 15th March 2014.
- 9) Presented paper on **“Awareness about Women Empowerment among Secondary School Female Teachers in Mysore Taluk”** at St.Paul’sCollege of Education, Bangalore, Karnataka on 12th & 13th April 2014.
- 10) Presented paper on **‘Mental health of secondary school female teachers in Mysore Taluk’**, in the 1st International Conference on “equality and sustainable Human Development – issues and policy Implications’ organized by Development Research Foundation, Mysore, India on 24th May 2014
- 11) Presented paper on **“Challenges for the Implementation of Inclusive Education in India”** in the international conference on ‘Inclusive Education- Perspectives and challenges’ held on 6th & 7th March 2015.
- 12) Presented paper on **“ Type of Personality and Teaching Aptitude of secondary school teacher trainees of Mysore city”** in the international conference on “Global Trends in teacher education-2016” organised by Lovely Professional University, Punjab on 15th and 16th April 2016.
- 13) Presented paper on **“Analysis of Eco-Literacy among PU Students of Mysore”** at XL Indian Social Science Congress held from 19-23 December 2016 organised by Indian Academy of Social Science and University of Mysore.
- 14) Presented a paper on the topic **“Moral Judgement among Secondary School Students”** in the Two-Day International Conference on ‘Reaching The Unreached Through Education’ on 15th & 16th March 2019.
- 15) Presented paper on **“Differentiated Teaching in Indian Setting”** in one day International Seminar on “Philosophical Inquiry and Reflection as a Strategy for Student Engagement” organized NDRK First Grade College, Udayagiri, Hassan on 21st March 2019.

II – Presented Papers in National seminars on different topics.

- 1) Presented paper on **“Special Schemes for the development of Female Education”** organized by National University of Educational Planning & Administration(NUEPA), New Delhi, and Asirwad Rural Development Trust@ Gudibande, at Chickballapur, Karnataka from 24th to 26th October 2008.

- 2) Presented paper on “**Domestic violence**” UGC Sponsored National seminar on “Humanity Rights and Gender Equality”, organized by Karnataka State Women’s University, Bijapur, from 28 to 29 August 2009.
- 3) Presented paper on “**Administrative programmes and policies for children with special needs**” at senate hall, Central College Campus, Bangalore University, Bangalore, organized by National University of Educational Planning & Administration(NUEPA), New Delhi, and Asirwad Rural Development Trust@ Gudibande, at Chickballapur from 12th to 14th February 2010.
- 4) Presented paper on “**ICT- Capacity Building for Teachers**” in the National seminar on Assimilating Recent Development of ICT in Education on 8th & 9th October 2010.
- 5) Presented paper on “**Girls Education in India**” in a National Conference at Amrita School of Education, Mysore on 11th & 12th December 2012.
- 6) Presented paper on “**Current technological trend in Education: Smart class**” in UGC Sponsored National Conference on “Social Media in Education: New Horizons” held on 1st & 2nd February 2013.
- 7) Presented paper on “**Impact of Puppet show in Learning History for high School Students**” in the national seminar Education in the 21st Century Challenges & Opportunities” at Thanjavur, Tamilnadu on 16th February 2013.
- 8) Presented paper on “**Education for Women Empowerment**” in UGC Sponsored National Seminar on “Renovating Higher Education: Vision of Swami Vivekananda” held on 26th & 27th April 2013.
- 9) Presented paper on “**Skill Based Education**” in the UGC sponsored National Seminar on “Inclusion and Quality in Higher Education; Challenges and Prospects” held on 20th & 21st September, 2013 at Sri Sharada College of Education, Salem.
- 10) Presented paper on “**Contextuality of Sustainability Science in Curriculum**” in the UGC Sponsored National Seminar on Curricular Imperative of Sustainability Science held at Farook Training College, Calicut, Kerala on 4th and 5th October 2013
- 11) Presented a paper entitled “**Dyslexia**”, in the National Level Seminar on Learning Disabilities Organised by St.John De Britto College of Education, Thanjavur, Tamilnadu on 11th January 2014
- 12) Presented a paper entitled “**Innovative Practices in Teacher Education**” in National Seminar on Expectation and Emerging Trends in Indian Class room, organized by Bon Secours College of Education, Thanjavur, Tamilnadu, on 25th January 2014

- 13) Presented a paper on **“Awareness and Utilisation of ICT in BEd students of Mysore city”** in the National Seminar on **“Institutional Quality Improvement; Role of Information and Communication Technology”**, conducted by IQAC St.Mary’s College, Thoothukudi held on 31st January and 1st February 2014
- 14) Presented paper on **“ A Study of EDUSAT Programme for Secondary Schools at Yalandur Taluk”** conducted by Ramya Sathinathan College of Education, Sengipatti, Tanjavur Dist, Tamilnadu on 8th February 2014
- 15) Presented a research paper in National Conference on **“Education for Sustainable Development”** conducted by University of Mysore, DOS in Education and SIO of India at Mysore on 27th and 28th March 2014.
- 16) Presented paper entitled **“A study on Lifestyle of the primary school teachers of Mudigere town (Chikkamagaluru District)”** in the National seminar on ‘Redefining teacher education curriculum for Nation Building’ organized by M S Ramaiah College of Education and Council for Teacher Education (Karnataka State Center) on 6th & 7th June 2014.
- 17) Presented paper on **“ Qualities and Duties of a mentor in internship”** in the National seminar on ‘Internship in Teaching’ conducted by Manganur Malleshappa college of education, Davangere on 6th and 7th September, 2014.
- 18) Presented research paper on **“A comparative study of Leadership qualities among primary and high school head masters in Nanjagud Taluk”**, in the UGC sponsored two day National seminar on ‘ Academic leadership- Pedagogy and Innovation- “ The key to Future”. On 22nd & 23rd November 2014 organised by New Horizon College of education, Bangalore.
- 19) Presented paper on **“Challenges of tribal education in India”** in the two day National seminar on ‘Tribal Education in India- A special focus on 50 scheduled tribe communities in Karnataka, conducted by Karnataka State Tribal Research Institute, Mysore, ON 28th & 29th November 2014 at Central Institute of Indian.
- 20) Presented paper in the UGC Sponsored Two-days National Conference on **“Teacher Education & Corporate World-issues & Challenges”**, At Sharada Vilas Teachers College, Mysuru on 11th & 12th September 2015
- 21) Presented paper in the two day National Seminar on **“ Human Rights, Duties and Education with Special Reference To Women”**, organized by Department of Studies and Research in Law, University of Mysore, Mysuru on 17th & 18th of February 2017.

- 22) Presented paper on “ A correlation Study Of Mental Health and Women Empowerment” in the two day National Seminar on “Role of Panchayati Raj Institutions in Rural Development” organized by the Department of Studies in Public Administration, University of Mysore, Mysuru on 17th& 18th November 2017.
- 23) Presented a paper on “Integration of ICT in Indian Schools” in one day National seminar organized by NDRK college of Education, Hassan on ‘Impact of two year BEd Programme Course on the Quality Improvement of Teacher Education’ on 11th January 2020

III- Participated in International and National seminars

- 1) **Participated** in Two day National Conference on “**Behavior Modification Skills for Teachers of Higher Education**” - organized by *Academic Staff training Institute, University of Mysore, Mysore during August 2008.*
- 2) *Participated “Current Research Trends” the First International Multi-disciplinary Conference at Mysore on 20th& 21st November 2009.*
- 3) *Participated “The Role of Cooperatives in Balanced Development: Experiences of India And Iran” at Mysore on 11th December,2010.*
- 4) **Participated** in the two days National Conference on “**Ethno-historical Development of De-notified Tribes; Issues and Prospects**” on 23rd& 24th December 2010.
- 5) **Participated** in the two day National Conference on “**Women and Work: Policies towards Economic Inclusion**” on 21st& 22nd March 2011
- 6) Participated in the deliberations of the National seminar on ‘**Swamy Vivekananda and National Reconstruction and Swamy Vivekananda’s Message on Universal Man**’ conducted by DOS in Philosophy, Chair for Swamy Vivekananda Studies, held on 11th – 12th September 2013.
- 7) Participated in two day National Conference on “**Inclusive Development of Marginalised Groups in Contemporary India: Issues & Challenges**”, conducted by Centre for Study of Social Exclusion and Inclusive Policy held on 27th& 28th September, 2013, at University of Mysore, Mysore
- 8) Participated in two day National Conference on “**Social Exclusion and Reservation Policy in India; New Debates**”, conducted by Centre for Study of Social Exclusion and Inclusive Policy held on 12th& 13th November, 2013, at University of Mysore, Mysore

- 9) Attended National seminar on **“Educational Vision and Mission of Swami Vivekananda”** organized by Yuvaraja’s College, Mysore held on August 18th and 19th 2014.
- 10) Participated in the one day national seminar on behalf of International Women’s day conducted by Dr. Babu Jagajeevanram study, research and extension center and Vismaya Foundation, Mysore on 8th March 2015.
- 11) Participated in one day seminar on **“Knowledge Organization”** held at Mysore University Library on 14th of August 2015.
- 12) Attended seminar in **“Digital Qualitative Research”** at VidyaVikas Institute of Engineering & Technology, Mysore on 11th December 2015.
- 13) Participated in the **103rd Indian Science Congress** held at University of Mysore , Mysuru from 03-01-2016 to 07-01-2016
- 14) Participated in the one day State level seminar on ‘Karnatakadalli Abhivruddi Adalitha: ondu Vishleshane’ organized by Department of Studies in Public Administration, University of Mysore, on 02-11-2017
- 15) Participated in one day State level Seminar on ‘Issues and Challenges in Learning English’ organized by Department of Studies in Education, University of Mysore, Mysuru on 22nd February 2017.
- 16) Participated in the seminar on ‘ shala shikshanada prasaktha Sanniveshadalli Shikshakaru’ organized by University of Mysore and Azim Premji University on 16th, 17th & 18th of April 2018.
- 17) Participated in the National seminar on ‘Research and Publishing’ sponsored by Centre for Proficiency Development and Placement Services on 23rd March 2019 at Yuvaraja’s College, University of Mysore, Mysuru.
- 18) Participated in the Two day National Seminar on ‘ the Contributions of the Eastern and Western Disciplines of Swami Vivekananda to Indian Society’, organized by the Department of Philosophy, University of Mysore, Mysuru on 28th & 29th August 2019.
- 19) Participated in the Panel Discussion on “ Importance of Knowledge Creation In Indian Languages”, organized by DOS in Education, University of Mysore, Mysuru in collaboration with Azim Premji University, Bengaluru on 26th July 2022

Full Papers published in conference proceedings with ISBN/ISSN Nos which are presented in National and International conferences:.

- 1) Presented paper on **“Inclusive Education and Teacher Competencies” at School Of Education & HRD, Dravidian University, Andhra Pradesh from 19th to 21st March 2009.**
- 2) Presented paper on **“Girls Education in India”** in a National Conference at Amrita School of Education, Mysore on 11th & 12th December 2012.
- 3) Presented paper on **“Impact of Puppet show in Learning History for high School Students”** in the national seminar Education in the 21st Century Challenges & Opportunities” at Thanjavur, Tamilnadu on 16th February 2013.
- 4) Presented paper on **“Use of ICT in Education among BEd College Students”** at Women’s Christian College, Chennai on 28th & 29th November 2013.
- 5) Presented paper on **“Best Practices for Quality in Teacher Education”**, at Bishop Agniswamy College of Education, Muttom, Tamilnadu on 14th & 15th December 2013.
- 6) Presented a paper entitled **“Dyslexia”**, in the National Level Seminar on Learning Disabilities Organised by St.John De Britto College of Education, Thanjavur, Tamilnadu on 11th January 2014
- 7) Presented a paper entitled **“Innovative Practices in Teacher Education”** in National Seminar on Expectation and Emerging Trends in Indian Class room, organized by Bon Secours College of Education, Thanjavur, Tamilnadu, on 25th January 2014
- 8) Presented paper on **“ A Study of EDUSAT Programme for Secondary Schools at YalandurTaluk”** conducted by RamyaSathinathan College of Education, Sengipatti, ThanjavurDist, Tamilnadu on 8th February 2014
- 9) Presented paper on **‘Mental health of secondary school female teachers in Mysore Taluk’**, in the 1st International Conference on “equality and sustainable Human Development – issues and policy Implications’ organized by Development Research Foundation, Mysore, India on 24th May 2014
- 10) Presented paper on **“Qualities and Duties of a mentor in internship”** in the National seminar on ‘Internship in Teaching’ conducted by MakanurMalleshappa college of education, Davangere on 6th and 7th September, 2014.
- 11) Presented research paper on **“A comparative study of Leadership qualities among primary and high school head masters in NanjagudTaluk”**, in the UGC sponsored two day National seminar on ‘ Academic leadership- Pedagogy and Innovation- “ The

key to Future". On 22nd & 23rd November 2014 organised by New Horizon College of education, Bangalore.

12) Presented paper on "Challenges for the Implementation of Inclusive Education in India" in the international conference on 'Inclusive Education- Perspectives and challenges' held on 6th & 7th March 2015.

ACADEMIC ACHIEVEMENTS:

'Best Out-Going Student', D. Banumaiah's Girls High School, Mysore - 1997

PERSONAL DETAILS

NAME : Dr.SOWMYA.H.S
FATHER'S NAME : SRIKANTAI AH.H.N
MOTHER'S NAME : SHANTHAKUMARI.H.M
HUSBAND'S NAME : CHETHAN RAJ.M.S
GENDER : Female
DATE OF BIRTH : 22nd September 1981
NATIONALITY : Indian
MARITAL STATUS : Married
ADDRESS : #9, 'Shri' I main, 3rd Stage, contour Road,
Gokulum, Mysore-570002
CONTACT NUMBERS : 9844442308 & 9972012224
HOBBIES : Trekking, Counseling.
LANGUAGES FAMILIAR : English, Hindi and Kannada

EXTRA CURRICULAR ACTIVITIES:

National Cadet Corps (NCC):

Rank: Ex-Senior Cadet Captain,

'A', 'B', 'C', Certificates holder

NCC CAMPS ATTENDED:

‘Republic Day Camp’, Participated in ‘RD Marching Contingent’ at New Delhi – 2000,
‘All India Trekking Expedition’, at Aravankadu, Nilgiris - 1999,
‘All India Nau-Sainik Camp’, Participated and placed 3rd position in ‘Boat Pulling Competition’ at Vishakapatnam, AP - 1998,
‘National Integration Camp’ at Gwalior - 1996,

MARTIAL ARTS:

KARATE: Black belt Kyu in the art of Shito-Ryu Karate-Do

CHAMPIONSHIPS ATEENDED:

‘All India Shito-Ryu Karate Championships’, Placed, Third in the individual event for Women Category – 2001

‘National Shito-Ryu karate Official Championship’, Placed, First in the individual Katta-2000

SPORTS:

Inter Teacher College Sports and Games Meet, Regional institute of Education, Mysore, Participated and secured different places in Athletics, Ball Badminton – 2002-2003

Dasara Sports Meet, Mysore, Participated and Secured, First place in Women ‘Kabaddi’ Tournament – 1999

Annual Athletic Meet, Marimallappa’s Pre-University College, Mysore, Participated and secured different places in Athletics during 1997 and 1999

Annual Sports and Cultural Meet, D.Banumaiah’s Girls High School, Mysore, Participated and secured different places in Sports and Cultural activities during 1995 and 1997

BHARAT SCOUTS AND GUIDES:

Rajyapuraskar Preparatory Camp, Kondajji, Chitradurga – 1995

KondajjiBasappa Memorial Day Rally, Kondajji, Chitradurga – 1995

Thrutiyasopana Training Camp, Mysore – 1995

NATIONAL SERVICE SCHEME (NSS)

National Integration Camp, Mysore - 1993

Date:

Place:

(SOWMYA.H.S)