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UNIVERSITY OF MYSORE

Manasagangotri, Mysuru-570 006



Motto

1. Today's children need a challenging and stimulating environment for their optimal development and they need to be in a trained person's custody especially when their parents pursue their career or higher studies.
2. Providing quality childcare based on modern, scientific, and professional principles.
3. Providing on-field experiences and training to Master degree and Research students of Human Development in the area of Early Childhood Care, Development, and Education.

Concept

1. The DayCare Centre is a place or institution where children are provided with custodial supervision to educational and health-care services during the daytime particularly when their parents especially mothers pursue a career or a higher education.
2. The change in family structure and the growing number of working mothers worldwide has given rise to day-care services.
3. Women taking up higher studies, research work, and jobs in the University have increased considerably along with increased enrolment of overseas/foreign women who are married and who enroll as students in the university.

MYSORE UNIVERSITY DAY CARE CENTRE

**"Every child
IS A DIFFERENT KIND OF FLOWER,
AND ALTOGETHER MAKE THIS WORLD
a beautiful garden."**



About Mysore University Day Care Centre

1. Established in September 2009.
2. Beneficiaries: Children (6 months to 4 years) of University employees, Research Scholars, and Students are the beneficiaries. Children from local areas (not connected to the university) are also admitted to the Daycare center if seats are vacant.
3. So far 101 children of Mysore University employees, research scholars and students are admitted to the Mysore University Day Care centre. While 58 children were from the local areas, 18 Children of foreign students were admitted to the centre.
4. Functions under the supervision of the Advisory Committee of the Centre headed by the Honorable Vice-Chancellor of University of Mysore, Mysuru

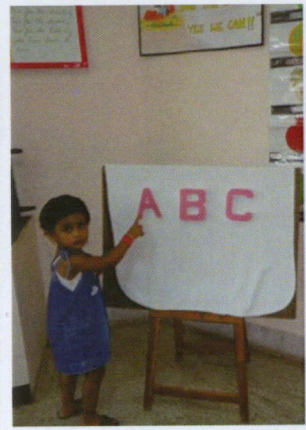
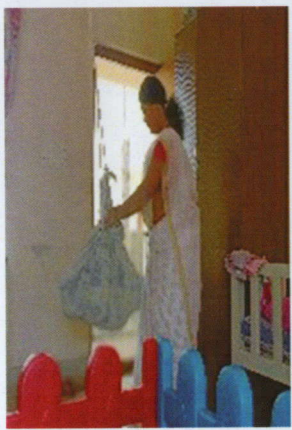


Facilities

1. Indoor Playroom with lot of learning and play equipment. More materials are of indigenous in nature and prepared by the students of M.Sc. Human Development program. Readymade equipment are also available and used for teaching the various concepts to young children.
2. Information and communication facilities available in the centre includes Television, DVD player, Radio, Tape recorder, Telephone, Computer, etc.
3. Big outdoor play yard contains varieties of play equipments – swing, slides, sea-saw, merry-go-round, jungle jim, sand pit and lawn, flowering plants, fruit trees, and shady trees.
4. Separate kitchen and dining facilities includes gadgets such as microwave, refrigerator, mixer, water pure-it, etc. The children's food are warmed in microwave before serving. Purified, boiled and cooled water are supplied to the children.
5. Mid-morning and evening snacks, milk and fruits are provided to the children.
6. House-keeping room contains washing machine and Instant water heater and provides in-house washing facility and hot water facility for children.
7. Full-time house-keeper facility helps to maintain cleanliness and hygiene in the centre. It ensures more safe healthy environment to the children.
8. Provision of cradles and beds for infants and young children during rest and sleeping time.
9. Provision of potties for babies less than 18 months.
10. Medical consultation facility from University health centre on call.
11. Monthly assessment of growth and development of children.
12. Parents meeting and parent education programs are conducted to discuss the various issues related to child's development and behaviour.
13. Children's Birthday and special days are commemorated in the centre.

Objectives

1. To provide a conducive environment for optimal development of children in all the areas of development - physical, motor, emotional, social and cognitive.
2. To develop in the child good health habits and to build basic skills necessary for personal adjustment such as dressing, toilet, washing, cleaning, eating, etc.
3. To provide a rich environment to stimulate intellectual curiosity and opportunities to explore, investigate, and experiment to understand the world in which he or she lives.
4. To develop the child's ability to express personal thoughts and feelings in fluent, correct, clear speech
5. To prepare the child for schooling through the readiness program.



Principles of the Curriculum

1. The curriculum is based on holistic development of the child.
2. Play is an important vehicle for developing self-regulation and promoting language, cognition, and social competence.
3. Activities based on exploration of environment and opportunity for self-expression.
4. Activities fulfill the child's need as felt by the teacher and parents.
5. Providing concrete experience within meaningful and thematic context.
6. Identifying child's potential and difficulties/developmental delays.

Students Training/Placement

1. As trainees, M.Sc. Human Development students of the University of Mysore conduct theme-based activities, assess the growth and development of children, organize exhibition and educational awareness program for parents.
2. Students from the School of Planning and Architecture, Mass Communication and Journalism of University of Mysore visit the Day Care Centre for their fieldwork.
3. Students of Crèche management course from Smt. V.H.D. Central Institute of Home Science, Bangalore, have done their internship/placement in the Mysore University Day Care Centre.
4. UG and PG Home Science/Human Development students from colleges/other universities in and around the state, Anganwadi workers from ICDS blocks, NGOs have visited the Mysore University Day Care Centre as a model school to observe the childcare services and early childhood educational activities.

Daily Schedule

Timings	Activities
9:00 am to 9:30 am	Arrival of children
9:30 am to 10:15 am	Outdoor play
10:15 am to 10:25 am	Washing and Toilet
10:25 am to 10:45 am	Fruits and Milk
10:45 am to 12:45 pm	Indoor Activities
12:45 pm to 1:30 pm	Lunch
1:30 pm to 3:15 pm	Resting
3:15 pm to 3:30 pm	Toilet and Dressing
3:30 pm to 4:00 pm	Evening Snacks and Milk
4:00 pm to 5:30 pm	Outdoor play
5:30 pm to 6:00 pm	Departure



Parents Involvement and Education Program

1. Parental involvement and interaction is an integral part of Day Care Centre
2. Educational awareness programs and discussion on various issues of child's behavior and problems have been held at the Centre
3. Parents are encouraged to participate in the celebration of special events held at the Centre

Best Practices

1. Ensure the building and equipment are safe for child health
2. Provides healthy snacks and fruits along with milk two times a day.
3. Promotes healthy eating habits and effective hygiene practice in children
4. Takes care of child's need for rest, sleep and comfort.
5. Maintains child's growth and development records
6. Ensures toileting and nappy changing procedures for children with a positive view.
7. Encourages each child to wear separate footwear for indoor and outdoor.
8. Promotes each child's participation in developmental appropriate activities.
9. Encourage each child to acquire self-help skills.
10. Interacts and involves the parents about managing children's behaviour and development.

Advisory Committee of The Day Care Centre

Prof. Hemantha Kumar G. Hon'able Vice Chancellor University of Mysore , Mysuru	Chairman		
Prof. Shivappa R. Registrar University of Mysore , Mysuru	Member	Dr. Basavaraj, M.S. Medical Officer, Health Centre, Maharaja's College Campus, Mysuru.	Member
Dr. Sangeetha Gajanan Bhat Finance Officer University of Mysore, Mysuru.	Member	Mr. Shankar Deputy Registrar (PDI) University of Mysore, Mysuru.	Member
Prof. Lokanath N.K. Director, PMEB University of Mysore , Mysuru	Member	Dr. Madhumathy S. Associate Professor, Dept of Early Childhood Education and Administration, Smt. V.H.D. Central Institute of Home Science, Bangalore.	Member
Prof. Asna Urooj Professor, Department of Studies in Food Science and Nutrition, Manasagangotri, Mysuru.	Member	Prof. Komala M. Coordinator, MUDCC Chairperson, DOS in Food Science and Nutrition Manasagangotri, Mysuru	Convener



Contact

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