

**UNIVERSITY OF MYSORE  
MANASAGANGOTTHRI  
MYSORE**

**CREDIT BASED TEACHING MECHANISM  
HONORS DEGREE PROGRAMME**

**SUBJECT: WOMEN'S STUDIES (TOTAL CREDITS-40)**

A Candidate has to complete a total 40 credits covering hard core/soft core/at least one open elective and a term work/minor project.

Hard core Paper Code	16 credits Paper	Credit pattern	Pre-requisite
Women's Studies 0101	Fundamentals women's Studies	4(3+1)	The Pre-requisite to join honors
Women's Studies 0102	Gender and Education	4(3+1)	Degree program is that a candidate should have completed
Women's Studies 0103	A Study of feminist literature	4(3+1)	Graduation from any discipline
Women's Studies 0104	Feminist Research Methodology	4(3+1)	

**Soft core Paper (16 Credits)**

Paper Code	Paper	Credit Pattern	Pre-requisite
Women's Studies 0105	Feminist study of society and culture	4(3+1)	
Women's Studies 0106	Feminist analysis of Development Process	4(3+1)	
Women's Studies 0107	Women and Legal Rights	4(3+1)	
Women's Studies 0108	Empowerment of women	4(3+1)	

### **OPEN ELECTIVE -3-4 CREDITS**

Paper Code	Paper	Credit Pattern	Pre-requisite
Women's Studies 0109	Women and Rural Development	4(3+1)	
Women's Studies 0110	Feminist Perspectives in Management	4(3+1)	
Women's Studies 0111	Gender Science and Technology	4(3+1)	

### **One term work/minor project- 6 credits**

Paper code	Paper	Credit pattern	
Women's Studies 0112	Term work/Minor Project	4(0+4)	

**Total = 40 Credits**

Paper Code : 0101

## **FUNDAMENTALS OF WOMEN'S STUDIES**

### **UNIT -1**

What is women's studies? Why women's studies? origin and growth of women's studies, Development of Women's studies in India.

### **UNIT-II**

What is feminism ? Growth of Feminism, schools of Feminism Liberal, Marxist, Socialists, Psycho analytic, post modern- Eco feminism.

### **UNIT-III**

Feminism in India- Gandhi, Ambedkar, Lohia, Vandana Shiva, Gail Omvett, Arundathi Roy.

### **UNIT- IV**

Key Concepts in Women's studies: Sex and Gender mainstreaming (Gender roles, Gender attributes, Gender Taboos, Gender Relations). Religion: Social images of Women in Various religious Hinduism, Islam, Christianity, Buddhism, Jainism, Sikhism. Bhakti movement- Akkamahadevi, Meera.

## GENDER AND EDUCATION

- I **Education:** Definition-aims- objectives- need
- II **Women's education in India:** Traditional, Colonial and neo-colonial education for girls and women constraints to women's education : Social-Economic-Cultural-Geographical -other factors- limitation - formal system of education- non formal education for women.
- III **Policies and Programmes of education:** Five year plan- outlays- committees-commissions- Radhakrishna Commission, University Education Commission (1948), Mudular Commission, Secondary Education commission (1952), Kothari Commission, Indian Education commission (1964-1966), Ramamurthy commission (1991), National Policy on education (1986), Education for women's equality: Feminist analysis of the commissions and policies, relating to education of women.
- IV **Education and social Change:** Curriculum development-sex- stereo-typing in text books- Teacher -Students Ratio- Differential sex ratio of teachers in educational institution.

### REFERENCES:

1. Jandhyala B.G.Tilak: Women's Education and development: Published by Gyan
2. M.C. Reddeppa Reddy, P. Adhinarayana Reddy: Education and women empowerment; Pub: Associated
3. ಡಾ. ಜ್ಯೋತಿ ಶಶಿಕುಮಾರ್: ಮಹಿಳಾ ಸಾಮಾಜಿಕತೆ : ಪ್ರಸಾರಾಂಗ ಪಬ್ಲಿಕೇಷನ್
4. ಸಿ.ವಿ. ಜಯಣ್ಣ: ಶಿಕ್ಷಣದ ಪರಿಕಲ್ಪನಾತ್ಮಕ ಬುನಾದಿಗಳು : ಸಪ್ತ ಬುಕ್ ಹೌಸ್
5. ಎನ್.ಆರ್. ಗಂಗಾಧರಪ್ಪ : ಶಿಕ್ಷಣದ ಮೂಲತತ್ವಗಳು
6. Women Education: V.K. Singh, A.K. Nayak

## A STUDY OF FEMINIST LITERATURE

### I Fiction/ short Fiction

1. Sita, Rama, Ravana by H.V. Savitramma
2. A Room of One's own by Virginia Woolf

### II Poetry

Akkamahadevi, Sylvia Plath

Porse

### III Autobiography

1. Know why the aged bird sings by Maya Angelo from M.R. Kamala - "ಸೆರೆ ಹಕ್ಕಿ ಹಾಡುವುದು ಏಕೆಂದು ಬಲ್ಲೆ"
2. The Revenue stamp by Amrita Pritam translated into Kannada by ರಸೀದಿ ಟಿಕೆಟ್.

### IV FEMINIST LITERARY STUDIES

1. A Ram of one's own by Virginia Wolf
2. Alice in wonderland and through the looking glass by carol Lewis
3. In Search of our Mother's Gardens : Wananist Bose by Alice Walker
4. Furdah by Dharkar Intiaz
5. Interpreter of Maladies by Jhumpa Lahiri

### REFERANCE:

- a) ಲೇಖಿ - ಲೋಕ : ವಿಜಯದಬ್ಬೆ
- b) Black feminist - " ಕಪ್ಪು ಹಾಡಿನ ಹಕ್ಕಿ" ಅನುವಾದ ಎಂ.ಆರ್. ಕಮಲ

1. Shoshana Felman : "Women and Madness : The Critical Phallacy"
2. Elaine Showalter : "The Female Tradition"
3. Julia Kristeva : "Women's Time"
4. Susan S. Lanser : "Toward a Feminist Ideology"
5. Nancy Armstrong : "The Rise of the Domestic Women"
6. Bell Hooks : "Writing Autobiography"
7. Vandana Shiva : "Women's Indigenous Knowledge and Biodiversity Conservation"

## FEMINIST RESEARCH METHODOLOGY

- I Feminist Research Methodology - A necessity to search for a new definition and methods for researches on women and women's issues- A feminist critique of the conventional Concepts of Research Line- Research Design: Descriptive, Explanatory, Diagnostic, Experimental- Research types: Survey, Action, Advocacy, Historical Evaluation, Comparative resolution- Sampling Techniques: Probability and non Probability primary and Secondary Sources. - Data Collection Techniques: Observation, interviews, Literature and documentation- Interview techniques and Schedules: Questionnaire, interviews, Case study, scaling, reliability, validity and warrant ability.
- II Feminist Research- Significant Characteristics: Objectivity and Subjectivity, personal is political - Elements, Sex role researches- Non Sexist Methods- Feminist Ontology, Epistemology, Ethno methodology.
- III Feminist Research Analysis: Experimental- Experiential content- cross cultural- Longitudinal- Oral Testimony-qualitative and quantitative- Gender as a variable -Participatory research methods (PRA)- Multivariate Analysis- Ethnography.
- IV Sexism in Research: Androcentricity- over Generalization- Gender insensitivity- Double standards- sex appropriateness- sexual Dichotomy- Resisting Sexism in research by using Feminist Analysis: Hypothesis formulation and Testing, Report Writing

### Books for reference:

1. Faces of Feminism : Olive Banks
2. Women's movement : Gabriele Dietrich
3. Issues at Stake : Naditha Shah and Nanditha Gandhi
4. Decade of Women's movement : Neera Desai and Vibhuti Patel
5. History of Doing : Radhakumar
6. Space within struggle : Jlina Sen
7. Women's movement and Nationalism in the third world : Jayawardhane.
8. Relevance of Women's movement in South Asia : Kamala Bhasin.
9. Research methodology - Kothari.
10. ಸಮಾಜ ಸಂಶೋಧನೆ : ಎಂ. ಚಂದ್ರ ಪೂಜಾರಿ
11. ಸಾಮಾಜಿಕ ಸಂಶೋಧನೆ : ಡಾ. ಆರ್. ಇಂದಿರಾ
12. .... : ಡಾ. ಎಲ್. ಚಂದ್ರಶೇಖರ್
13. ಸಂಶೋಧನಾ ವಿಧಿವಿಧಾನಗಳು : ಕವೀಂದ್ರನಾಥ
14. Research Methodology : Kotari C.R. Pub: Rishwa

## **WOMEN, SOCIETY AND CULTURE**

- I 1) Women's issues related to social Institutions-
  - a) Family- Socialization patterns, allocation of roles and resource. Role exuption and role models, differential opportunity structures, internalization
  - b) Patrilineal and Matrilineal families, patrilocal, mutrilocal.
- II Major issues relating to women in Indian society.
  - a) Marriage- Monogamy, polygamy, bigamy, early marriage, unmarried motherhood, divorce, single parenthood, dowry, domestic violence.
  - b) Caste system- sati, honour killing, moral policing women and communal riots, widowhood.
- III Representation of women in Religion
  - a) Hinduism, Buddhism, Islam, Christianity.
- IV Representation of women in Art forms:

## **FEMINIST ANALYSIS OF DEVELOPMENT PROCESS**

### **CORE PAPER**

#### **OBJECTIVES:**

It attempts to expose women to the latest developments in Gender studies and various International women's conferences.

To enlighten the social, economics and political empowerment of women and also to give them knowledge about the Government programmes for women.

#### **UNIT- I**

##### **Women and Development:**

Concept of Development, Women's Development decade (1975-1985). International Women's Conference- Women in Development (WID), Women and Development (WAD), Gender and Development (GAD), Human Development Index (HDI), Gender Development India (GDI) and Gender Empowerment Index (GEM).

#### **UNIT- II**

##### **Women and Social Development:**

Women and Demography, Gender differences in access to education and health- Women in Media- Women and environment. Feminization of poverty.

#### **UNIT- III**

##### **Women and Economic Development:**

Women in Labour force participation- labour market segmentation Women in organized and unorganized sector- Labour market Theories - Contribution of Women to GNP, wage gap- Labour legislation- Women in trade unions -Social Security.

#### **UNIT- IV**

##### **Gender Equity in Development:**

Govt. Policies and programmes towards Gender equity- evaluation of Govt. programmes- role of NGOS is promoting gender equity.

#### **REFERENCES:**

1. ICSSR, Status of Women in India, Allied Publishers, New Delhi, 1974.
2. Dept. of Women and Child Development, National perspective plan for Women, Government of India, New Delhi, 1988.
3. Ela. R. Bhatt, National Commission on self Employed Women and Women in the informal sector, Govt. of India, Delhi.
4. Maithreyi Krishna Raj (ed) Women's Studies in India. Popular Prakashan, 1986.
5. S.C. Jain (ed) Women and Technology, Rawat Publications, Jaipur, 1985



## WOMEN AND LEGAL RIGHTS

- I. **Constitution of India:** Directive principles of state policy- fundamental duties and fundamental rights of women.
- II **Criminal laws: Indian Penal code:** Dowry Prohibition-child marriage-restraint- immoral trafficking -indecent representation - rape- sati prevention-devdasi act, Domestic valence act, 2005
- III **Personal laws:** Marriage acts- adoption and maintenance- property rights-divorce -family courts-Muslim laws- Christian laws.
- IV a) **Procedural laws:** Criminal procedure code- civil procedure code- Indian Evidence act, Sexual hassesment at work place.  
b) **Labour laws:** child labour- plantation and mine labour- contract labour-maternity benefit-factories-equal remuneration- medical termination of pregnancy- juvenile justice minimum wages- ESI.

### REFERENCES:

Lawyers collective women's rights Imitative better worths India.

- |                                |   |
|--------------------------------|---|
| Subramanyan K.                 | Women and law, Hyderabad, Asia law house 1999                               |
| Multiple Action Research Group | Our laws (vol.1 and 10) New Delhi: Dept of Women, Status of women in India. |
| Vepa P. Sarathi                | Law of Evidence, (Lacknow: Eastern Book Company, 1989)                      |
| Niroj Sinha                    | Women and Violence, (New Delhi- Vikas, pub, house-                          |
| Devan V.K.                     | Offences Against Women. II (ed) orient law House, New Delhi.                |
| Indra prakash Singh            | Women law and Social change New Delhi, Radiant Publishers (1989)            |
| Achatan Pillai                 | Criminal Law, (Bombay) N.M. Tripathi Pvt. Ltd., 1988                        |
| Sinha B.S.                     | Law and Social change in India, New Delhi, Deep and Deep Publications, 1983 |
| Shamsuddin                     | Women, Law and Social Change, New Delhi: Ashish Shams Publications Houses.  |

Sushma Sood	Violence Against Women (Jaipur: Arihant Publications, 1990).
Vimala Veena Raghavan	Rape and victims of Rape, (New Delhi, Northern Book Centre, 1987)
Srivasthava	Women and Law (New Delhi, Lectural Publications 1954)

The Indecent Representation of Women probation Act-1986

MTP Act 1974

Pre- Natal Diagnostic Techniques (Prevention and Regulation of Misuse Act 1984)

Gini- Reform of Muslim personal law.

Bakshi P.M. -The offence of Rape and Certain medieo

ಗೀತಾ ಕೃಷ್ಣಮೂರ್ತಿ : ಮಹಿಲೆ ಕಾನೂನು ಮತ್ತು ರಾಜಕಾರಣ

ಹಾಲತಿಹಳ್ಳಿ ಚಂದ್ರಶೇಖರ್ : ಮಹಿಲಾ ಪರ

## EMPOWERMENT OF WOMEN

- I Empowerment: concepts, definition-levels-personals-social- economic and political- empowerment frame work- capacity building capability approaches, empowerment processes.  
Empowerment process: Sensitization-concentration- Concepts, Definition-UGC's guidelines- role of women's studies centres and cells, Objectives.
- II Empowerment programmes, Genesis- International women's conferences- Mexico, Copenhagen, Nairobi, their agendas- women development decade, women's day celebration- Beijing conference: platform for action: declaration.
- III Empowerment measures: human development Index, Gender development index- Gender empowerment measures -CEDAE provisions- agencies-national and international - UN- Commissions for women, Women Development Corporations- All women police stations- structures, functions, Contact persons.
- IV Women rights: UN's conventions- family- marriage- personal freedom, labour public life- women's rights as human rights- India's 73rd, 74th and 81st Amendment Bills- Women Empowerment Bill.

### REFERENCES:

1. Batliwala S. 1993- Empowerment of women in South Asia : Concepts and Practices, "Asian South Pacific Bureau of Adult Education."
2. Boserup Ester, - "Economic change and the role of women" in persistent inequalities, 1990 (ed) Tenther Irene, Oxford, Uni press.
3. Hall Margret, 1992- "Women and Empowerment, Strategies for increasing autonomy" Washington D.C. Publishing corporation.
4. Kabeer Naila: 1994, "Reversed Realities" New Delhi, Kali for women.
5. Sen Gita and Growth career- 1985- "Development Crises", and alternative visions "Third World women's perspectives" Bangalore- DAWN, secretariat.
6. Beneria Lorders and Sen Gita- "Accumulation, reproduction and women's role in economic Development- Boserup revisited, in sign Vol. 7, No.2, 1981.
7. Encyclopedia of Status and Empowerment of Women in India- (ed) by Raj Kumar, Pruthvi, Rameshwari Devi, Rowila Pruthi, Mangal Deep Publications Jaipur, India, 1999
8. ಡಾ. ಹೇಮಲತಾ ಹೆಚ್.ಎಂ. : ಮಹಿಳೆ ಮತ್ತು ನಿಸ್ಸಂಸ್ಕೃತರಣ : ಡಿ.ವಿ.ಕೆ. ಪಬ್ಲಿಕೇಷನ್ಸ್
9. ಒಡೆಯರ್ ಡಿ. ಹೆಗಡೆ : ಮಹಿಳಾ ಅಧ್ಯಯನಗಳು ಮತ್ತು ಆರ್ಥಿಕ ನೆಲೆಗಳ ಆಯಾಮಗಳು : ಅನ್ನಪೂರ್ಣೇಶ್ವರಿ

## WOMEN AND RURAL DEVELOPMENT

### UNIT- I

Rural Development- definition- scope- approaches- strategies- Rural Development under five year plans.

Rural and Urban disparities -Female literacy- Access to health- access to education -Infant Mortality-Maternal Mortality- poverty- women' in agriculture - women-property rights- .....

### UNIT- II

Work participation of rural women- women in unorganized sector- wage differences- causes for wage difference- triple border of women's work- Invisibility of women's work.

### UNIT- III

Gender Analysis of Rural Development programmes- national rural health mission- reproductive and child health- Role of Banks in empowerment of rural women- role of NGO's in women empowerment- women in panchayat Raj Institution.

Women and Panchayath Raj Institutions.

Participation of women in PRI- Significance of 73rd and 74th amendment- trends in women participation in PRI- Inter State differences- problems of women in PRI.

### REFERENCES;

Sajnoy Roy (2010) women in contemporary India; Realities and perspectives, Akash Publishers, New Delhi.

1. Ministry of Rural Development, Annual Report 2001-2002.
2. Venkata Reddy, 'Rural Development in India, Himalaya publishers. 1994.
3. ಸ್ರೀವಾದ: ಡಾ. ಹೆಚ್.ಎಸ್. ಶ್ರೀಮತಿ : ಪ್ರಸಾರಾಂಗ ಪ್ರಕಾಶನ : ಹಂಪಿ
4. ಮಹಿಳಾ ಸಾಮಾಜಿಕತೆ: ಡಾ. ಜ್ಯೋತಿ ಶಶಿಕುಮಾರ್: ಪ್ರಸಾರಾಂಗ ಪ್ರಕಾಶನ : ಹಂಪಿ
5. ಮಹಿಳಾ ಅರ್ಥಿಕತೆ: ಸಂಪಾದಕರು ಡಾ. ಹೆಚ್.ಎಸ್. ಶ್ರೀಮತಿ, ಡಾ. ಶಿವಾನಂದ, ಎಸ್. ವಿರಕ್ತಮಠ, ಡಾ. ಜೆ. ಕೃಷ್ಣ: ಪ್ರಸಾರಾಂಗ ಪ್ರಕಾಶನ : ಹಂಪಿ

## **FEMINIST PERSPECTIVES IN MANAGEMENT**

### **UNIT- I**

Definition and meaning of Management- Functions of a Management- Careers in management- women and men in management- opportunities for women in management field.

### **UNIT- II**

Understanding Differences and Similarities between women and men in management-Historical approaches-differences between women and men executives -critical perspectives- empirical findings- employment, wage interactions and leadership.

### **UNIT - III**

Sex based work place interactions and other issues faced by women- sex segregation- wage gap- .....- Gender and negotiations

### **UNIT- IV**

Gender and compensation- breaking through .....-career planning for women- Gender mentoring and performance management- Policies for women managers- Case studies of successful managers.

### **REFERENCES:**

Powell, Gary N and Graves. Laura M (2010), Women and men in Management, 4th Edition, Sage Publications.

## **GENDER SCIENCE AND TECHNOLOGY**

### **UNIT- I**

Technology- concept- definition- Historical Perspective- Policies of technology- Information and communication Technology- Science and Technology in India.

### **UNIT -II**

Women and Science - science education- Women Scientists- Women and emerging technologies - women and biotechnology-Reproductive Technology and its impact on women- reproductive rights- women as subjects- Gender bias is contraceptive usage.

### **UNIT- III**

Technology for women in Agriculture-Energy saving-technologies- impact on women- Government schemes to promote alternative technologies -impact on employment opportunities for women -wind power-.....- water harvest and conservation technology.

### **UNIT- IV**

Information and communication Technology- concept-opportunities for women- ICT policy of India- Contribution of women to Technology Govt. policy to promote women in science and Technology.

## FEMINIST RESEARCH METHODOLOGY

- I Feminist Research Methodology - A necessity to search for a new definition and methods for researches on women and women's issues- A feminist critique of the conventional Concepts of Research Line- Research Design: Descriptive, Explanatory, Diagnostic, Experimental- Research types: Survey, Action, Advocacy, Historical Evaluation, Comparative resolution- Sampling Techniques: Probability and non Probability primary and Secondary Sources. - Data Collection Techniques: Observation, interviews, Literature and documentation- Interview techniques and Schedules: Questionnaire, interviews, Case study, scaling, reliability, validity and warrant ability.
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5. History of Doing : Radhakumar
6. Space within struggle : Jina Sen
7. Women's movement and Nationalism in the third world : Jayawardhane.
8. Relevance of Women's movement in South Asia : Kamala Bhasin.
9. Research methodology - Kothari.
10. ಸಮಾಜ ಸಂಶೋಧನೆ : ಎಂ. ಚಂದ್ರ ಪೂಜಾರಿ
11. ಸಾಮಾಜಿಕ ಸಂಶೋಧನೆ : ಡಾ. ಆರ್. ಇಂದಿರಾ
12. .... : ಡಾ. ಎಲ್. ಚಂದ್ರಶೇಖರ್
13. ಸಂಶೋಧನಾ ವಿಧಿವಿಧಾನಗಳು : ಕವೀಂದ್ರನಾಥ
14. Research Methodology : Kotari C.R. Pub: Rishwa

## WOMEN AND POLITICS

- I Formal and informal political process in democracy, election, pressure groups, lobbying, people movements etc.
- II Women's role in informal political process-trade union movements, peasant movements tribal movements, human rights movements etc., role models of successful women in informal political process.
- III Women's participation in the formal electoral process as voters and as candidates, participation and problems of women in formal political structures. Political parties, their ideologies and women's issues. Role models of successful women in formal political process.
- IV Role of women in grass roots, democracy, panchayat Raj and women. 73rd and 74th Amendments.  
Women's participation in legislature, executive, judiciary and police, barriers for entry and problems after entry, reservation for women in these sectors.

### Books for reference:

- 1. Women in politics : Forms Egbert stifuing Foundation
- 2. Women and Panchayat Raj : Susheela Kaushik
- 3. Spaces within struggle : Ilina Sen
- 4. Indian Women: Change and challenge : Neera Desai and Vibhuti Patel

## WOMEN'S MOVEMENTS

- I **Rise of Feminism:** Campaign for equal rights Feminism and Social Tradition: Struggle for property: Structure for right of the women for her own body, struggle for suffrage: Women's movement in the 20th century in the west.
- II **Women's movement in the third world:** Nationalist movements and Women's movement- Indonesia, Srilanka, Vietnam, China, Africa, Religious, Social movements and women's movements.
- III **Women's movement in India:** Religious and Social movements of India and women till 18th Century: Social reformist movement of 19th 20th centuries and women: Education for women: marriages and widows: Abolition of Child marriages: mainstream organizations: ASWC, NFIN, etc., their organizing at the grass roots.



IV **Women's movements in post-independence era:** definition of autonomous women's movements: major issues taken up by the autonomous movements in India, emergence and growth of autonomous women's movement, Dowry, Rape, Sati, Personal law, and community identities, marital cruelty, bigamy, health, etc.,

- a) **Women's movements and political movements:** Workers and peasants movements; tribal movements; dalit movements: Ecological movements: other social, Political and cultural movements.
- b) Present problems and approaches in mobilization and networking. Priorities and strategies of women's movement.

**Books for reference:**

1. Faces of Feminism : Olive Banks
2. Women's Movements : Gabriele Deltriech
3. Issues at Stake : Nanditha Shah and Nanditha Gandhi
4. Decade of Women's movement : Neera Desai and vibhuti Patel
5. History of doing : Radha Kumar
6. Space within struggle : Jlina Sen
7. Women's movement and Nationalism in the third world : Jayawardhane.
8. Relevance of Women's movement in South Asia : Kamala Bhasin.
9. Globalizations and Social movement : Gogdoud S.N. Michael : Pub: Rawath.
10. ಡಾ. ಎಂ. ಉಷಾ : ಮಹಿಳಾ ಚಳವಳಿಗಳು ಮತ್ತು ಮಹಿಳಾ ವಿಷಯಗಳು: ಹಂಪಿ ಪ್ರಕಾಶನ
11. ದಲಿತರು ಮತ್ತು ಚರಿತ್ರೆ : ಡಾ. ವಿರೂಪಾಕ್ಷ ಪೂಜಾರಹಳ್ಳಿ: ಹಂಪಿ ಪ್ರಕಾಶನ

## FEMINIST: PSYCHOLOGICAL APPROACHES

- I **Psychology:** Concepts, Nature- methods of study-sex- gender- myths and facts- sex role identity- gender stereo typing- gender difference- similarities- feminization of psychology- consciousness: female, feminine and feminist.
- II **Theories on women psychology:** Psychodynamic theory- Social learning theory- reinforcement and limitation- cognitive development theory- gender scheme theory- feminist perspective.
- III **Psychology of women:** Mental health- gender bias in diagnosis- psychological disorders-anxiety disorders- eating disorders- depression- hysteria- menstruation and moods- psychological effect during monarch pregnancy- child birth- motherhood- menopause.  
**Psychology of women victims:** Violence- rape-incest- taboo- childhood- sexual abuse- domestic violence- sexual harassment at work place. Educational institutions -eve teasing.
- IV **Psycho- therapeutic approaches:** Medical- psychiatry- counseling- traditional -nonsexist, rehabilitation- constitutional measures-rape-eve teasing-molestation.

### REFERENCES:

1. Elacoby E. and Jacklin W.C. 1974, The Psychology of sex different standard uni standard.
2. Lenin- 1985-women and mental health, press, New York
3. N. Desai and V. Patel, Indian women-change- challenge- popular prakashan-
4. Gorwick. V. Moren B. 1971, Women in Sexist Society, Basic books.
5. Medwick M and Tangeri, S. Hoffuman W 1975, Women and Achievement, Hemispehere Pub, London.
6. Beere C. 1979, Women and Women's issues- A hand book of tests and measures Jossy Bors.
7. Garmer A and Riesman ! A Self help in the human services- Jossey Hass.
8. Freceman J. Women: A feminist perspective palo alto. CA May field.
9. S.V. Rosser, (ed) Feminism within the science and healthcare professions 1988, pergm.
10. Resser R. Treaching Science and Health from a feminist perspective- A Practical guide, guide, pergemon press.
11. Bleir : Feminist approaches and science- pergemon press.
12. Burman E. 1990, Feminism and the psychological practices.
13. ಪ್ರೊ. ಎಸ್. ದಂಡವಾಣಿ: ಮನಃಶಾಸ್ತ್ರ ಮತ್ತು ಶಿಕ್ಷಣ : ಸುಮಂತ ಪ್ರಕಾಶನ
14. ಡಾ. ಮಹಾಬಲೇಶ್ವರರಾವ್

## **GUIDANCE AND COUNSELING FOR WOMEN**

- I **Introduction:** Counseling- Meaning definitions, scope and Need, Role of counselors in the Society, Counseling Techniques, Guidance theory and its uses.
- II Development of Counselling Skills
- \* Adjustment temperament
  - \* Orientational capacity
  - \* Developmental Skills
  - \* Non- verbal behaviour
  - \* Minimum encouragement
  - \* Open- closed questions
  - \* Reflecting Feelings
  - \* Paraphrasing
  - \* Summarising
- III Various Forms of Counselling
- \* Alcohol problems
  - \* Drug Addiction
  - \* Depression, Anxiety, frustration
  - \* Family Counselling, Marital issues, Pre-Marital Counselling.
  - \* Health Counselling, AIDs STD Hypertensions, Sex Counselling
  - \* Educational & Career Counselling
  - \* Occupation Specific Counselling
  - \* Adolescent counseling single women, unwed mothers and elderly.
  - \* Group counseling
- IV Integrated approaches to Counselling
1. Principles- concepts, skills, techniques and process involved, psycho social, problems solving, client central, existential, transactional analysis, use and relevance of an electing approach to counseling.
  2. Theories of counseling: Psycho analytical theory, rational emotive theory, behavioral theory and reality theory
- V **Counsellor:** Counsellor Relationship
- Characteristics/Qualities of a successful counsellor-counsellor- client relationship  
Responsibility to Client, counseling supervision, Record keeping, referral services, Tele Counseling.
- Assignment:** Case studies of selected counseling centres Karnataka.

## **REFERENCES:**

1. Ellen Noovan 1983: Counselling young people, London, Methuen.
2. Suc Culley 1991: Integrative counseling skills in Action, New Delhi, Sage Publications.
3. Fransella Fay and Peggy Dalton, 1990: Personal construct counseling in action. Sage Publications, London.
4. Richard Hallam, 1992, Counselling for Anxiety problems, Sage, London
5. Thompson L Charles and Linda B Rudolph, 1983: Counselling children, California, Brooks/Cole publishing company.
6. Rashmi Agarwal, 1995: Drug Abuse, Delhi Shipra Publication.
7. Mathew L. Ferrara, 1992, Group counseling with Juvenile Delinquents, London, Sage.
8. Gerald Corey -(5th Ed). Theory and practice of Counseling and Psychotherapy, U.S.A. Brooks Cole Publishing Co., 1977
9. S. Narayana Rao : 2007 - Counselling and Guidance, Second edition. Tata me graw- Hill publishing company Ltd., New Delhi.
10. Chandrashekar C.R. (Ed) 1999, A Manual on counseling for lay-counsellors, Bangalore Prasanna Counselling Centre.
11. Indu Dave- 1983- The Basic Essentials of Counselling, New Delhi, Sterling pub P.ltd.
12. P. Nataraj- Margadarshana Mattu Aspta Salahe

## **FEMINIST CRITICAL STUDIES**

- I Women creativity and History of women literature - A feminist analysis.
  - a) Surie Tharu and Lilitha " Women's writing in India: 600 BC to the present in India.
  - b) Kumkum Sangari : The Politics of the possible
- II Representation of women in literature- comparism novels between male and women writers.
  - a) The Bluest eye by Toni Marrison (Female) and the (Male) Scarlet letter by Nathaniel Hawthorne
  - b) Gulabi Talkies by Vaidehi (Female) and Parsanghada Gendethimma by Alanahalli Krishna, Translated by Giridhar.
- III Feminist Poetics
  - a) Helen Cixous - The laugh of medusa
  - b) Sexual/Textual Politics - Toi Moril
- IV Practical application of Feminist Criticism
  - a) Standayini - Mahashwetha Devi
  - b) Sarasamma Samadhi - Shivarama Karanth

### **REFERENCES:**

1. Gender and Narrative - Jasbir Jain, Supriya Agarwal
2. Signifying the self - Women and literature Malashri lal and others.
3. Gender Trouble- Judith Butler.

## **WOMEN ENTREPRENEURSHIP**

1. Entrepreneurship- Concept, meaning and functions- Entrepreneurial characteristics and motivations, Entrepreneurial & entrepreneurial mind, Indian entrepreneurs- Global competition- Economic development in India. Women in corporate sector- Issues and programmes.
2. Women entrepreneurs and entrepreneurship, types of women entrepreneurs, characteristics of women entrepreneur, EDPs, Indian women entrepreneur (Case studies of most successful Indian women entrepreneurs.)
3. Women entrepreneurial environment -Government policy and frame work - Incentives - Infrastructural facilities- Role of central and state Government agencies with reference to women entrepreneurship- Problems faced by women entrepreneurs.
4. Setting up small scale industries: Need to step up women's role small scale industries- Preparation of project proposal- Financial Management : Budgeting - Preparation of Final accounts and balance sheets- Financial statement analysis- Cost concepts- Break even analysis- Cost benefit analysis. Registration License- Women in Corporate Sector: Issues and Problems.

### **REFERENCES:**

1. Khanka S.S.- Entrepreneurship in small scale industries (Himalay)
2. Ajit Kantikar Naline- The Women Entrepreneurs of India (Entrepreneurship development)
3. Siney S. Ruth - Towards a typology of women entrepreneurs the business venture and family (East West Center)
4. Hisrich Peters- Entrepreneurship (Tata McGraw Hill)
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6. David H. Hant- Entrepreneurship (New Venture Promotion)
7. Vasat Desai - Management of Small Scale Industries (Himalaya)
8. Dhulhasi Madha Vize., Women Entrepreneurs in India. New Delhi: Mittal Publication, 1987
9. Empowerment of Women through Entrepreneurship Workshop. Karaikudi: Dept. of Women's Studies, Alagappa University.
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12. Gupta Principles of Accounting. Sultanchand.
13. Hina Shah and C.H. Pathak, Women Entrepreneurship Development Programme P.6-38
14. Iyer Lalitha- Women Entrepreneurs Challenges and Strategies, New Delhi: Friedrich Ebert Stiftung (FES), 1991
15. Papa Regina B.- Women Entrepreneurship and Technology. Karaikudi: Department of Women's Studies, Alagappa University.
16. Training Manual Entrepreneurs Handbook. Technonet Asia.

## **WOMEN'S HEALTH AND NUTRITION**

1. The Concept of female sexuality- Female Physiology-Socio-cultural determinants - controlling female sexuality-myths about motherhood and sexuality- Reproductive rights.
2. Status of women's health in India- Rural and urban disparities- gender differences in IMR, life expectancy- life cycle approach to identify women's health needs. Health needs during menstruation, Pregnancy, Menopause- Gender dimension of HIV/AIDS causes for health disorders- remedial measures- Indigenous and modern methods.
3. Gender dimension of National population policy- State initiatives- reproductive choicer- The role of Technology- Impact on women's health- Nutritional status of women- disparities - Nutritional requirements of women at different states of life- Nutritious.
4. Programmes for promoting health and Nutrition- NRHM- RCH- Nutrition programme- Impact on women's health- Nutrition.



## WOMEN AND MEDIA

- I Communication - Communication- Process- Mass communication - types - press, radio, cinema, TV, Internet- impact on women.
- II Feminist theme of Communication- feminism in main stream media- Teleserials- Stories - cartoons, video games, articles- special editions - women's movement and feminist media.
- III Women's questions in media. Concept-dual image-over looking- lack of women's perspective- distorted image- gender stereo types- negative portrayal- Commercialization of women's body.
- IV Women professionals in media - job opportunities - challenges - role of advertisements- modeling- gender justice and media: media as liberating instrument - gender sensitization- women's empowerment. Indecent representation of women (Prohibition) - Press act PTI (Press Trust of India) - Bill against misuse of Internet.

### REFERENCES:

1. Kramarae, Cheirs, Feminist theories of Communication in International Encyclopedia of Communication Vol. 2
2. Bhasin, K. (ed) Women and Media: Analysis, alternatives and action, New Delhi, Kali for women 1984
3. Butlet, Matilda. Women and Mass Media: Source book for research and action. New York, Human science Press 1980
4. Gallagher, Margret, unequal opportunities: The case of the women and the media, Paris, UNESCO, 1981
5. Gomen, Janina Women in Media Paris, UNESCO 1980
6. Baehr, Halen (ed) Women in Media, women's studies international quarterly 3.1.1980
7. Baehr, Halen and Gillian Dyer Boxed in Women and Television, New York; Mathaen, 1980
8. Brown, Mary Ellen (ed) Television and Women's culture. The politics of the popular sage 1989
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**UNIVERSITY OF MYSORE  
MANASAGANGOTTHRI  
MYSORE**

**CREDIT BASED TEACHING MECHANISM MASTERS DEGREE  
PROGRAMME**

**SUBJECT- WOMEN'S STUDIES (TOTAL CREDITS-36)**

A candidate has to complete a total 36 credits covering hard core/soft core/at least one open elective and a term work/minor project.

Paper code	Paper	Credit Pattern	Pre-requisite
Women's Studies 0201	Feminist Research Methodology Part II and Computer Applications	4(3+1)	The Pre requisite to join a Masters degree is that a candidate should have successfully completed a Honors degree in the discipline or a bachelors degree of 4 years duration.
Women's Studies 0202	Women and Politics; women's Movements	4(3+1)	
Women's Studies 0203	Feminist Psychological Approaches	4(3+1)	
Women's Studies 0204	Guidance and Counselling for women	4(3+1)	

## Soft Care- 16 Credits

(Note: A Candidate should not repeat the same elective subject of honors in Masters degree programme)

Paper code	Paper	Credit Pattern	Pre-requisite
Women's Studies 0205	Feminist Critical Studies	4(3+1)	
Women's Studies 0206	Women Entrepreneurship	4(3+1)	
Women's Studies 0207	Women, Health and Nutrition	4(3+1)	
Women's Studies 0208	Women and Media	4(3+1)	

## One term work/minor project -6 credits

Paper code	Paper	Credit Pattern	
Women's Studies 0209	Termwork/Minor Project	4(1+3)	

**Total= 36 Credits**