

## Curriculum

### I Orientation Courses and Refresher Courses:

The Orientation Programmes are designed as per the UGC guidelines and the syllabi prescribed for Orientation Programmes. The Orientation Programme which is a multi-disciplinary course with a 4-week duration with 5 components prescribed by the UGC (revised) including component 'B' with 4 components are retained with slight changes in their contents.

In addition to this, Academic Staff College, Mysore has added several other components to both Orientation Programmes and Refresher Courses. The information on Yoga, Meditation, Stress Management, Soft Skill Development, Women Empowerment, Folklore, Spiritual Values, writing / preparing project proposals, Cultural activities, visit to Laboratory, Museums, historical and heritage places is an added knowledge to the participants.

### II Other Programmes organized :

Apart from Orientation Programmes and Refresher Courses Academic Staff College, Mysore is conducting special programmes for Teaching staff, Non-teaching staff, Drawing and Disbursing Officers, Principals, Research Scholars, Project Investigators of Research Projects, etc. The innovative programmes such as Principals Workshop, Workshop on Stress Management, Soft skills development, Leadership development skills, Motivation and Attitude Change etc. are being conducted. Short term Refresher course for teaching and non-teaching staff of University of Mysore including Affiliated Colleges, Orientation Programme for Research Scholars. Some of these programme are self-financing.

### III Other Programmes in the Pipeline :

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|--|---|
| a) Self Financed Workshop on E-learning for Lecturers / Readers / Professors / Principals  | d) Self financed short term training programme for Academic Administrators.   |
| b) Workshop for Teaching Staff on Stress Management, Writing Major / minor project proposals, Writing Developing Soft skills, Leadership | e) Self financed short term training programme for Non-Teaching Staff of Affiliated colleges of University of Mysore. |
|  | f) Self Financed short term Workshop for  |

- Skills, Administrative Skills etc. B.Ed. College teachers.
- c) Workshop for Research Scholars on Thesis Writing, Project Proposal Writing, Presentation Skills, Communication Skills, Stress Management, etc. g) Self financed short term Workshop for Foreign Nationals (Know Our India Programme)
- h) Self financed short term Workshop for Divers

2. Orientation Programmes organized From Inception :

Course	Total number of Courses organized	Total Number of Participants		
		Male	Female	Total
Orientation Programmes	81	2064	805	2869
Refresher Course	261	6646	2308	8954

Reading Materials Provided for the Courses

- OP : 81(33 Book Materials + 17 CDs/DVDs)  
 RC : 261 (146 Book Materials +52 CDs/DVDs)

4. Number of Workshops / Seminars, etc. Organized for Principals / Deans / Chairpersons, Research Scholars, Drawing and Disbursement Officers, Academic Administrators, Project Investigators etc. so far (Since Inception).

Sl. No.	Title of the Programmes	Date / Duration of the Programme	No. of Participants		
			Male	Female	Total
<b>1993-1994</b>					
1.	1 <sup>st</sup> Computer Awareness Training programme	03.01.1994 to 15.01.1994	17	03	20
2.	5-Day Workshop for the College Principals	19.12.1994 to 23.12.1994	36	02	38
<b>1994-1995</b>					
3.	2 <sup>nd</sup> Computer Awareness Training programme	22.08.1994 to 03.09.1994	18	11	29

4.	3 <sup>rd</sup> Computer Awareness Training programme	12.09.1994 to 24.09.1994	21	11	32
<b>1995-1996</b>					
5.	4-Day Workshop for the Chairpersons of the PG Departments	03.03.1996 to 07.03.1996	29	09	38
6.	1 <sup>st</sup> Orientation Programme for Officers/Superintendents.	09.09.1995 to 14.09.1995	24	03	27
7.	2 <sup>nd</sup> Orientation Programme for Officers/Superintendents.	04.12.1995 to 14.12.1995	31	01	32
8.	3 <sup>rd</sup> Orientation Programme for Superintendents/Senior Assistants	01.02.1996 to 09.02.1996	27	03	30
9.	1 <sup>st</sup> Induction Training Programme for Engineering Teachers (Sponsored by A.I.C.T.E.)	19.06.1995 to 08.07.1995	21	00	21
<b>1996-1997</b>					
10.	4 <sup>th</sup> Orientation Programme for Senior Assistants/F.D.C.	08.07.1996 to 17.07.1996	25	04	29
11.	5 <sup>th</sup> Orientation Programme for F.D.C./Stenographers	09.09.1996 to 21.09.1996	28	04	32
12.	6 <sup>th</sup> Orientation Programme for F.D.C./Stenographers	11.02.1997 to 21.02.1997	18	05	23
<b>1997-1998</b>					
13.	7 <sup>th</sup> Orientation Programme for F.D.C./S.D.C.	21.09.1998 to 26.09.1998	21	04	25
14.	8 <sup>th</sup> Orientation Programme for S.D.C.	14.12.1998 to 19.12.1998	20	05	25

<b>1998-1999</b>					
15.	9 <sup>th</sup> Orientation Programme for F.D.C./S.D.C./Stenographers	27.09.1999 to 02.10.1999	22	06	28
16.	1 <sup>st</sup> Orientation Programme for T.N. Veterinary and Animal Sciences University Teachers (Sponsored by T.N. Veterinary and Animal Sciences University)	11.05.1998 to 27.05.1998	12	01	13
17.	2 <sup>nd</sup> Orientation Programme for T.N. Veterinary and Animal Sciences University Teachers (Sponsored by T.N. Veterinary and Animal Sciences University)	10.06.1998 to 20.06.1998	15	00	15
<b>2003-2004</b>					
18.	1-Day Seminar on Iraq War	12.04.2003	27	05	32
19.	2-Day All India UGC-ASC Directors Meeting	02.06.2003 to 03.06.2003	34	03	37
20.	1-Day Seminar on "The UN-Challenges Ahead"	22.10.2003	27	12	39

21.	3-Day Workshop for College Principals	05.02.2004 to 07.02.2004	25	07	32
<b>2004-2005</b>					
22.	2-Day Workshop on "Kuvempu Literature"	18.05.2004 to 07.06.2004	32	18	50
23.	10 <sup>th</sup> Orientation Programme for Non-Teaching Staff of UOM	12.07.2004 to 24.07.2004	32	09	41
24.	3-Day Workshop for College Principals	27.12.2004 to 29.12.2004	44	05	49
<b>2005-2006</b>					
25.	11 <sup>th</sup> Orientation Programme for Non-Teaching Staff of UOM	15.04.2005 to 27.04.2005	30	12	42
26.	Self-Financing Short Term Refresher Course in Economics (Quantitative Techniques in Economics)	18.04.2005 to 28.04.2005	22	06	28
27.	½ - Day Orientation Programme for Research Scholars	03.05.2005	63	19	82
28.	1-Day Workshop on Stress Management	16.07.2005	42	15	57
29.	12 <sup>th</sup> Orientation Programme for Non-Teaching Staff of UOM	20.07.2005 to 05.08.2005	28	06	34
30.	2-Day Workshop for Drawing and Disbursing Officers	29.07.2005 to 30.07.2005	30	05	35

31.	13 <sup>th</sup> Orientation Programme for Non-Teaching Staff of Affiliated Colleges of UOM (Self-Financed)	20.12.2005 to 30.12.2005	17	07	24
32.	2-Day Workshop for Project Investigators	09.01.2006 to 10.01.2006	17	03	20
33.	3-Day Workshop for College Principals	06.02.2006 to 08.02.2006	56	11	67
34.	1-Day Workshop for Research Scholars held at Infosys	18.02.2006	27	12	39
35.	National Science Day Public Lecture	28.02.2006	16	08	24
<b>2006-2007</b>					
36.	14 <sup>th</sup> Orientation Programme for Non-Teaching Staff of UOM	16.06.2006 to 27.06.2006	17	12	29
37.	2-Day Workshop for Drawing and Disbursing Officers	17.08.2006 to 18.08.2006	09	05	14
38.	3-Day Workshop for Academic Administration	06.12.2006 to 08.12.2006	33	11	44
39.	6-Day Workshop on Developing E-Learning Resources	18.12.2006 to 23.12.2006	12	11	23
40.	Regional UGC-ASC Directors Meet	24.01.2007	03	00	03
<b>2007-2008</b>					

41.	2-Day Orientation Programme for High School Teachers	20.07.2007 to 21.07.2007	17	11	28
42.	1-Day Seminar on the occasion of Teachers Day Celebration 2007	05.09.2007	49	12	61
43.	1-Day Orientation Programme for High School Teachers	03.03.2008	13	09	22
<b>2008-2009</b>					
44.	1-Day Workshop on “Psycho-Dynamics of Physical Education and Sports”	24.07.2008	81	09	90
45.	2-Day National Conference on “Behavior Modification Skills for Teachers of Higher Education”	08.08.2008 to 09.08.2008	61	29	90
46.	1-Day Seminar on the occasion of Teachers Day Celebration 2008	05.09.2008	24	10	34
47.	5-Day Workshop for Academic Administrators Cadres	06.01.2009 to 10.01.2009	16	02	18
48.	5-Day Workshop for Office Superintendents (Batch - 1)	20.01.2009 to 24.01.2009	18	04	22
49.	1-Day Workshop on “Review of Karnataka State Universities Act-2000”	29.01.2009	87	13	100
50.	5-Day Workshop for Office Superintendents (Batch - II)	03.02.2009 to 07.02.2009	16	06	22
51.	6-Day Training Programme on “Research Methodology” in Social Sciences for Research Scholars of University of Mysore.	16.02.2009 to 21.02.2009	18	06	24

6. Publications :

1. Academic Staff College in Progress (1988-1994)
2. Academic Staff College – The UGC Center for Professional Development (Decennial Year – 1999)
3. A book on “UGC-Academic Staff College” – The UGC Centre for Professional Development (1988-2002).
4. A book on “Proceedings of the All India Academic Staff College Directors’ Meet held on 2-3, June 2003”
5. A book on “Kuvempu Punarmanana” (in Kannada). The book includes the articles prepared by the teacher participants of 30<sup>th</sup> Refresher Course in Kannada and also the eminent resource persons in the field of Kannada Literature for the 30<sup>th</sup> refresher course in Kannada.

## 7. Feedback from Participants

Feedback from the participants is taken on the last day of the OP/RC through the following formats. The suggestions given by the teacher-participants are implemented in the immediate OP/RC. Some of the suggestions from the teacher-participants are discussed in the All India ASC Directors Meeting. In addition "Teacher-Participants Opinion Book" is also given to write their opinion / suggestion for each and every OP/RC.

- Sessional Assessment Sheet - To Evaluate Every Resource Person (both for Refresher Courses and Orientation Programmes)
- Feedback format (General-at the beginning of the course)
- Feedback format (General-at the end of the course)

## 8. Best Practices adopted in the ASC

- Academic Staff College, Mysore is known for discipline and monitoring of individual participant in each and every programme
- Academic Staff College, Mysore mainly focuses on the issues related to Higher Education keeping in mind the LPG in 21<sup>st</sup> Century in addition to the curriculum designed by the UGC
- Training facilities are also extended to Non-Teaching Staff, Administrative Staff and Research Scholars.
- We invite Best Resource Persons and use their first hand experience in our programmes
- We also invite new Resource Persons for every OP selectively
- In addition to the Resource Persons from the academic section we also invite Resource Persons from Industries, Banking Sector, Chamber of Commerce, etc., to share their experience.
- We invite Resource Persons related to Folklore and also the Rural Folk Artistes in order to encourage this art.
- We arrange National Award Winning Film Shows in the OPs / RCs and also invite the Producers, Directors and Actors to interact with the Participants.
- We Expose Research Scholars to MNCs through Soft Skill Development programmes
- We conduct Stress Management Workshops to all the University staff.
- In addition to the regular curriculum in OPs and RCs we also include Yoga, Meditation, Spirituality, Folklore, Soft Skill Development, etc.

