

CURRICULUM VITAE

Name **Ms. VIBHA RAMANUJA.**

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Date of Birth 28.08.2002

Nationality Indian



1. Academic Qualification

Degree/Subject	Year	University	Percentage and Class
M.Sc. in Food Science and Nutrition (Specialization in Clinical Nutrition and Dietetics)	2025	University of Mysore DOS in Food Science and Nutrition	CGPA 9.23 Distinction
B.Sc, (Biochemistry, Zoology & Food Science and Nutrition)	2023	University of Mysore Yuvaraja's College Mysuru	CGPA 8.94 Equi % 89.40 Distinction Food Science and Nutrition 93.3%
PUC (PCMB)	2020	Sadvidya Composite Pre-University College	87.3% Distinction
10 th Standard (CBSE)	2018	Maharshi Public School	80% Distinction

2. Internship/Training and Certification programmes

Sl No.	Internship/Training and Certification
1	Completed Hospital Internship in HCG-Bharat Hospital and Institute of Oncology Mysuru, as a part of academic curriculum of M.Sc, for a period of 6 weeks during 17 th March 2025 – 29 th April 2025
2	Obtained FoSTaC training and certification on Advance Manufacturing organised by FSSAI and Health First on 16 th May 2025 Id: AMACOVID203002983187
3	Obtained FoSTaC training and certification on Advance Catering organised by FSSAI and Health First on 15 th May 2025 Id: ACACOVID200002981195
4	Completed NPTEL certification course on Food Packaging Technology during the period August- November 2024
5	Completed Online Certification course on Research Training organised by MSME-Technology Development Centre during the period January- February 2024
6	Completed Online Certification Course on Food Microbiology organised by Ethical Edufabrica Pvt. Ltd during the period June- July 2023
7	Completed Online Certification Course on Medical Microbiology organised by Ethical Edufabrica Pvt. Ltd during the period March- April 2023

3. Participation in Workshops/Seminars/Webinars/Competitions

Sl No	Workshops/Seminars/Webinars/Competitions
1	Attended National Webinar on Blenderized Tube Feeding in Critical Illness Organized by the Department of Nutrition and Dietetics – JSSAHER, Mysuru on June 9 th 2025
2	Participated in Two-day National Workshop on “An Integrated Approach to Athletic Performance through Nutrition, Gut Health, Psychology, Rehabilitation and Anti-Doping Awareness” Organized by the Department of Nutrition and Dietetics – JSSAHER, Mysuru, during the period 26 th – 27 th May 2025
3	Attended Special Lecture on “Fuel for Performance” Organised by Nutrition Society, Department of Studies in Food Science and Nutrition, Manasagangothri, Mysuru on 7 th May 2025

4	Participated in Two-day Seminar on “Applied Biostatistics and Research Analytics Using SPSS” held at the Department of Studies in Food Science and Nutrition, Manasagangothri, Mysuru, during the period 21 st – 22 nd January 2025
5	Participated in Poster Presentation Competition, on the account of World Food Day – 2024, Organized by Nutrition Society at Department of Studies in Food Science and Nutrition, Manasagangothri, Mysuru on 25 th October 2024
6	Participated in “Pan-India Recipe Competition for Prevention of Prediabetes & Diabetes” Organized by Lifeness Science Institute, Mumbai in collaboration with Nutrition Society of India, Mumbai Chapter on April 2024
7	Attended Seminar on “Nutrition Diversity of Millets – Issues and Policies” held at the Department of Studies in Food Science and Nutrition, Manasagangothri, Mysuru, on February 29 th 2024
8	Attended National Webinar on “Hormone Balancing: Deep Insight into Recent Research and Secrets” organized by NutriGENEus on 25 th November 2023
9	Attended Offline Workshop on Cancer Biology conducted by Ethical Edufabrica Pvt. Ltd in association with Pravega, IISc Bangalore on 18 th – 19 th March 2023

4. Conferences and Oral Presentations

Presentations	International	National	Total
Oral Presentation	2	1	3

Sl No	Conferences and Oral Presentations
1	Vibha Ramanuja, Harshitha Bhang R and Prabhavathi S N. “Development and Evaluation of Sensory and Nutritional Properties of Fibre Enriched Crackers Supplemented with Potato Peel Powder” in oral session during a conference held by the National Women’s Science Congress on 7 th December 2024
2	Vibha Ramanuja, Kusum N, Mahesh M S and Shekhara Naik R “Anti-Diabetic Activity of Saffron (<i>Crocus sativus</i>)” in oral session, during and International conference on Pharmacovigilance, Pharmaceutical Care and Biomedical Research, Organized by Sarada Vilas College of Pharmacy , Mysuru on 24 th January 2023
3	Vibha Ramanuja, Kusum N, Mahesh M S and Shekhara Naik R “Anti-oxidant Activity of Saffron (<i>Crocus sativus</i>)” in oral session during an International Conference on Research Trends, Strategies, and Technical Advancements in Biological and Biomedical Sciences for Sustainability (RTSTA’22) organized by the Department of Zoology, Seethalakshmi Ramaswami College , Tiruchirapalli , on 15 th December 2022

5. Achievements

Sl No	Achievements
1	Secured First Place in “ Dr S G Srikantia Memorial Presentation Competition” organized by the Nutrition Society, Department of Studies in Food Science and Nutrition, Manasagangothri, Mysuru on the topic “Psychobiotics in Mental Health and Nutrition” on 28 th June 2025
2	Secured First Place in the competition “Raw and Real: Therapeutic Cuisine Without Fire, conducted to commemorate “World Dietetics Day – 2025” organized by the Nutrition Society, Department of Studies in Food Science and Nutrition, Manasagangothri, Mysuru on 17 th January 2025
3	Secured First Place in Inter-college Oral Presentation competition held on the occasion of National Nutrition Week 2024 on the topic “Feeding Smart Right from Start” organized by CSIR-CFTRI, Mysuru on 5 th September 2024
4	Secured 6th Rank in B.Sc Examination and was awarded Cash Prize for securing highest marks in Biochemistry and Food Science and Nutrition at Yuvaraja’s College, Mysuru, dated 22 nd May 2024

6. Research Experience

Sl No	Research at UG/PG	Research Title
1	Short-term project as part of M.Sc programme May-June 2025	“Assessment of Sarcopenic Obesity in Ageing Population of Mysuru: A Pilot Study”
2	Short-term project as part of oral paper presentation November-December 2025	“Development and Evaluation of Sensory and Nutritional Properties of Fibre Enriched Crackers Supplemented with Potato Peel Powder”
3	Short-term project as part of B.Sc programme February 2022	“Assessment of Nutritional Status of Pre-schoolers in Hosahundi Anganwadi, Mysuru”

7. Technical and Other Skills and Competence

- Laboratory Skills: Colorimetric and Chromatographic Techniques – paper and TLC, serum handling and storage, blood/serum parameters analyses.
- Equipment/Instrument Handled: UV-Vis double beam spectrophotometer, Body Composition Analyser- InBody 770 (South Korea), basic equipment – centrifuge, pH meter, hot air oven, and glucometer.
- Software Proficiency: SPSS, MS Office, MS Word, Mendeley, Canva.
- Research Skills: Data Analysis, Literature Review, Data Collection and Organisation
- Critical Thinking, Creative Thinking, Leadership, Team Work, Communication.
- Fluency - Kannada and English. Intermediate – Hindi and Tamil

DECLARATION

I hereby declare that all the details mentioned above are in accordance with the truth and fact as per my knowledge and I hold the responsibility for the correctness of the above-mentioned particulars.

Ms. Vibha Ramanuja.