

Certificate Course in Nutrition and Health (CCNH) - Cohort 2, 2022

Course jointly offered by IIHMR Bangalore & Food Science and Nutrition Dept. University of Mysore

Course Starts in February 2022

Course Overview:

IIHMR Bangalore is offering Certificate Course in Nutrition and Health (CCNH) in association with University of Mysore, is a hybrid program (on-line interactive and contact classes) for healthcare professionals. The course is designed to impart basic understanding on nutrition, public health nutrition and enhance knowledge and skills for practice.

The curriculum includes concept of nutrition and health, triple burden of malnutrition, nutrition security, life cycle approach, nutraceuticals, nutrition policies and programmes, nutrition education, IEC/BCC, community mobilization etc.

Learning Outcomes

- ✓ Understand food and nutrition security, public health/nutrition policy & programmes.
- ✓ Understand nutrition and health relationship, triple burden of malnutrition, their significance, prevention, and control strategies
- ✓ Nutritional assessment and application of Anthropac, Anthroplus WHO software
- ✓ Nutrition education, IEC, Behaviour Change Communication and promotion of healthy dietary practices
- ✓ Effective nutrition program delivery



The CCNH program content addresses the current nutrition issues of our country and has a good balance of theory and practicum. The course is highly recommended for those who wish to pursue a career and build skills in public health and social development sector.

Dr. Suneeta S. Chandorkar
Assistant Professor

The Maharaja Sayajirao University of Baroda, Gujrat

Eligibility Criteria :

- Graduates, Postgraduates, Research Scholars working in Public Health, Dental, Ayurveda, Physiotherapy, Unani, Yoga, Naturopathy, Siddha, Homeopathy, General Management, Health, Hospital, Pharmaceutical, Rural Management, Biotechnology, Agriculture, Life Sciences & Home Science.
- Working professionals in social development sector
- Practitioners in government and private hospitals

Pedagogy & Mode of delivery

- Meticulously developed course material by senior academicians
- Expert session - lectures, group discussions, scholar presentations, hands on exercises, quizzes, videos and competency driven assignments
- Project work supervised by course coordinators
- Workshop exposure for skill building

Course Fee:

Indian Scholars: Rs. 31,000/-
International Scholars: 425 USD

Admissions

Open from 21st December 2021

Course Directors:

Dr. Asna Urooj

Professor
PG Dept of Food Science and Nutrition
University of Mysore
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Dr. Usha Manjunath

Professor & Director
IIHMR Bangalore
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Registration Details:

[Click Here for Registration.](#)

[Click Here for Programme details.](#)

[Click Here for Application Form.](#)

Course Co-Ordinator: Dr. Jyoti Vijay

Assistant Professor, IIHMR Bangalore

For More Details Contact: email : jyoti.v@iihmrbangalore.edu.in
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