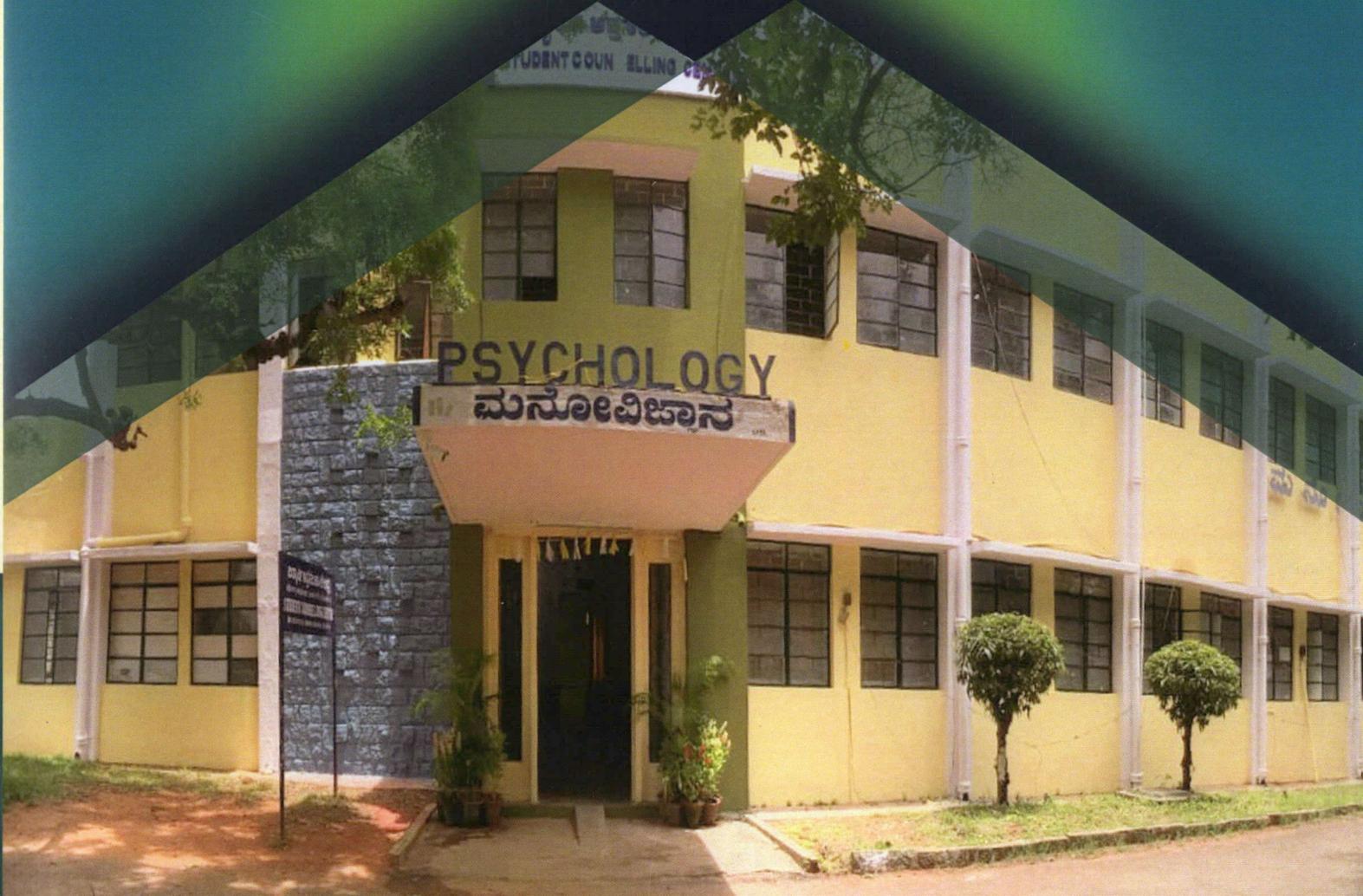




ಮೈಸೂರು ವಿಶ್ವವಿದ್ಯಾನಿಲಯ
UNIVERSITY OF MYSORE

DEPARTMENT OF STUDIES IN PSYCHOLOGY

Manasagangothri, Mysuru- 570 006



VISION

Transcend from traditional to student-centered learning so as to equip and empower students with extensive knowledge and practical skills that facilitate utilization of experiences gained from educational background to make a positive contribution to a mentally healthier society.

MISSION

The DOS in Psychology provides unique opportunities for potential and optimal methods of learning psychological principles via systematic and comprehensive use of technological resources along with rigorous and relevant curriculum for effective career preparation that ensure the maximum deployment of core human competencies, making every student dynamic, self actualized and to go on to inspire the world.

- The Department of Psychology at the University of Mysore has the distinction of being the second oldest Department in the country.
- Dr. M. V. Gopaldaswamy, after obtaining his Ph.D. in London under famous psychologist Dr. Charles Spearman, established this Department in 1924.
- Two years from now, the department will celebrate its Centenary Year since its establishment.
- It must be specifically mentioned that the post-graduate department was shifted to its present location only in 1962, and it was earlier situated at Maharaja's College.
- Dr. B. Kuppaswamy, renowned social psychologist, and Prof. B. Krishnan, known for his work on Indian Psychology, led the department for a long time, and to its present glory.

MILESTONES

➤ Major Achievements of Prof. Gopaldaswamy :

- i. The first Professor of Psychology in the country.
- ii. The founder of first psychology laboratory in South India.
- iii. The founder of "Akashvani"

➤ Major Achievements of Prof. B Krishnan:

- i. Establishment of Bio-Psychology Laboratory.
 - ii. Developed Mysore Personality Inventory, Cyclothymic/Schizothyme Test and Study Habits Inventory.
 - iii. Started the journal - Psychological Studies, in 1956 and edited it till his retirement in 1977.
- Socio-Economic Scale (SES) developed by Dr. B Kuppaswamy that is extensively used in research till date.
 - Development of Mysore Aptitude Test Battery by Dr. M. Parashivamurthy.
 - Dr. T.R. Rao published several books in various fields of Psychology. His most notable contribution was the books written on technical subjects in Kannada back in 1970s.

CURRICULUM

➤ MSc in Clinical Psychology

- The course offers in-depth knowledge in on diagnosing and treating emotional, mental, and behavioral disorders.
- The curriculum is designed with specific focus on providing hands on experience for practical learning.
- The Course is divided into 4 semesters, each carefully designed to meet the students learning requirements.
- The curriculum consists of Theory (Hard Core papers, Soft Core papers, and Open Elective), Practical, Tutorial, Field Placement (Internship), and Dissertation work.

CURRICULUM

➤ Ph.D. in Psychology

- Scholars go through rigorous training in the form of Course Work offered to equip them with through understanding on literature review, research methodology and statistical procedures for data analysis so as to bring out quality work in the discipline.
- The department also offers opportunities for interdisciplinary research.
- Well equipped and trained faculties guide and supervise the Ph.D. work.
- The course includes - Research Methodology Paper, Review of Literature Paper, Viva-voce, Course Work and Written Exam.

TEACHER PROFILE

Present/Regular Faculty

Dr. G. Venkatesh Kumar
Professor & Chairman

Dr. Sampathkumar
Professor

Guest Faculties

Dr. Hita Claudia Rao

Dr. Somesha C.

Dr. Chandrabekara P.

Dr. Jayasheela S.

Life Long Distinguished Professor

Dr. Mewa Singh
(Ret. Professor)
SERB Distinguished Fellow

Faculty retired (2015-2019)

Dr. S. K. Kiran Kumar

Dr. Basavarajappa

Dr. P. Prakash

Dr. Jyothi S. Madgaonkar

Dr. N. L. Srimathi

ABOUT THE DEPARTMENT

FACILITIES

- Well equipped classrooms (2 rooms).
- Separate lab rooms for practical classes.
 - Clinical Psychology Lab
 - Industrial Psychology Lab
- Conference hall (seating capacity 150) for conducting extension programs and activities.
- State of art laboratory with up to date resource material.
- Mini Department library for reference work.
- Computer lab
- Lady's room

Healthy Practices

- Harmonious Relationship among Staff.
- Open interaction between students and teachers.
- Online availability of staff for student consultation.
- Fostering overall development of students.

FUTURE Plans

- Updating Application Software for Psychological Experiments and Assessment
- Strengthening Department Library
- Strengthening Lifespan Development Counseling Centre
- Strengthening Existing Research Areas

LIMITATION: Our major drawback is the lack of regular faculties that limits our academic plans and endeavours.

ENDOWMENTS BY THE DEPARTMENT



STUDENT PERFORMANCE & LEARNING OUTCOMES

Learning Objectives

- Demonstrate substantial evidence to methods of **assessment, diagnosis, interventions, and evaluation** in Psychology.
- Gaining comprehensive and sound knowledge on the **methodologies** of Psychology with emphasis on strengthening foundations for **research-based approaches**.
- Discover the **diverse application of psychology** beyond classroom situation.
- Developing **conscientious habits of learning** so as to engage in **scholarly inquiry** and knowledge building.
- Maximize **theoretical and practical training** in line with the syllabi and **co-curricular activities** to augment competencies and skills.

Learning Outcomes

- Facilitate entry to subsequent career in academics and **make informed decisions** on career choice as psychologist.
- Understand purpose, outcomes and scope of Psychology to **enhance employability** and research caliber in students.
- Understand and apply principles of scientific methods and temperaments, allowing students to contribute towards the society in the form of **community engagement**.
- To be **effective practitioners** and develop **professional identity** in psychology.
- Consistently apply accepted standards of **ethical practice** and professional code of conduct and be committed to work for the development of the field.

BASIC & APPLIED RESEARCH

Areas of Basic Research

- Animal Behavior
- Clinical Psychology
- Counseling Psychology
- Indian Psychology
- Behavioral Psychology
 - School and academics
 - Learning related
- Organizational Behavior
- Social Psychology

Research Application

- Animal Behavior**
 - Wildlife and Zoo Management
- Counseling and Clinical**
 - Student, Teachers, Industrial, Doctors
 - Career Planning; Examination Fear
 - Confidence and Morale Building
 - Life skills; Leadership; Interpersonal
 - Minor Mental Problems
 - Problems of Childhood and Adolescence

INNOVATION & EXTENSION PROGRAMS

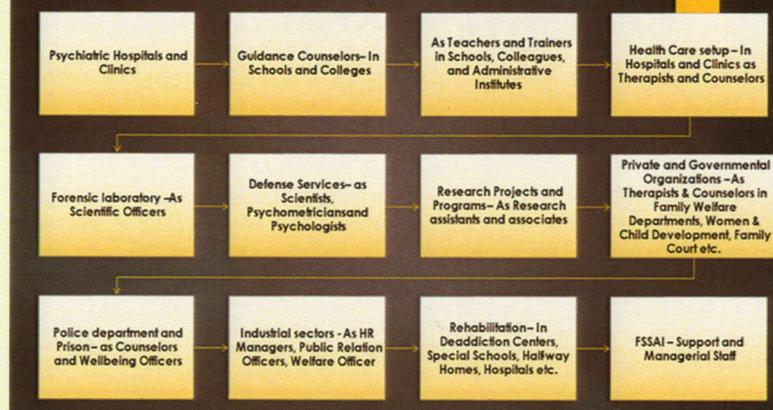
COMMUNITY AWARENESS PROGRAM

- Form time to time, students are involved in community awareness programs to rise awareness and sensitize the people to mental health concerns.
- Few to note:
 - J.K Tyss Family Counseling
 - Vikrant Tyres Recruitment Drive
 - S. Kumars & Read and Tailor Recruitment Drive
 - Street Play on mental health and illness
 - Mental Health Awareness Rally
 - Suicide Prevention Rally
- Extra-Curricular Activities are also conducted regularly under **Mysore Psychological Society**.

Hospital & Institutional Visits

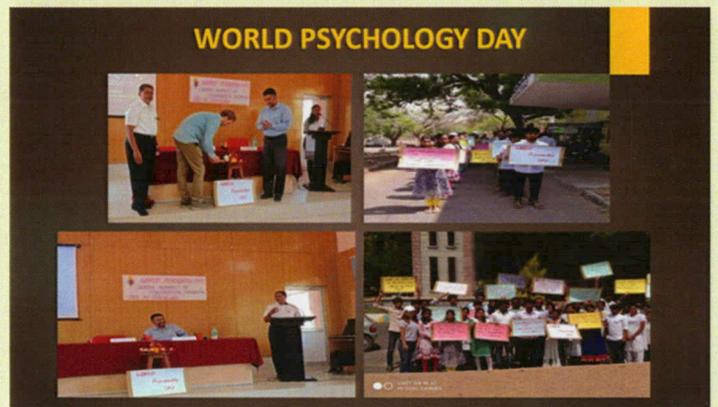
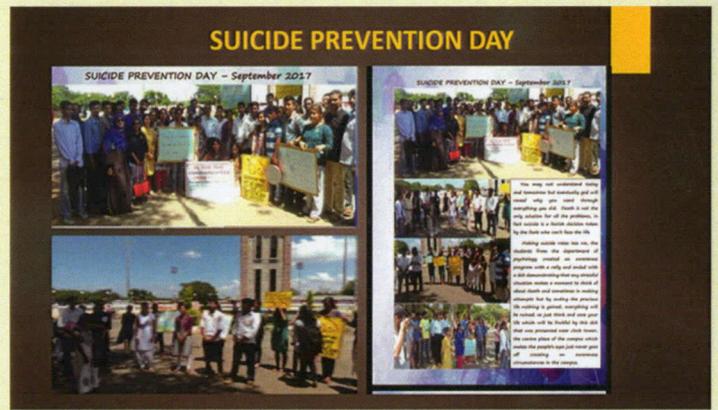
- Students are regularly posted in hospitals and mental care institutions as interns to gain hands on experience in counselling and therapy.
- Hospitals commonly associated with:
 - K. R. Hospital
 - AIISH
 - Asha Kirana
 - Prerana Hospital
 - J.S.S Hospital
 - Barath Cancer Hospital
 - Sigma Hospital
 - St. Mary's Deaddictior Center
 - Neerikse Center
 - Govt. Institutes for Orphans and Juveniles

PLACEMENTS



COUNSELING CENTER

- › The Department has a functional and innovative Counseling Center that offers Psychological Assessment and Guidance/Counseling services to campus students as well as those who come on referral.
- › The faculty in the department are well trained to handle cases related to mental health issues.
- › Students are actively involved in the process of observing counseling process and collecting case histories under guided supervision of concerned faculty members.
- › Commonly Referred Cases:
 - › Educational/academic Counseling
 - › Career Counseling
 - › Adjustment issues
 - › Interpersonal Conflicts
 - › Emotional issues (anxiety, fear, depression etc.)
 - › Marital and Family Counseling
 - › Intelligence, Personality, Aptitude Assessment



Contact:

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 Tel: 91-821-2419742/747