

## ACTIVITIES

The Department conducts the following activities.

- Inter Collegiate Competitions-cum-University Teams' Selection Trials in Athletics (M&W), Aquatics (M&W), Cross Country (M&W), Yoga (M&W),Gymnastics (M&W),Best Physique(M),Karate (M&W), Wrestling(M&W) and Weight Lifting (M).
- Selecting and Sponsoring University Teams in 21 Disciplines (Men and Women) including the Events mentioned under item 1.
- 10 to15 days Coaching Camps to the Student Sportspersons who are Selected to Represent University of Mysore in the Inter University Competitions.
- Inter Collegiate Games Competitions in 15 Disciplines for Men and Women in Two Phases.
- Lend support to Various Organizations in Conducting Sports Competitions, Seminars, Conferences, Workshops, Clinics etc., by sparing the Services of Staff and Facilities.
- Helps the University to Select the Candidates for Admission to PG Degree / Diploma Courses under Sports Quota.
- Prepares Calendar of Events in the light of Inter University Sports Calendar.
- Convenes Sports Representatives Meeting to discuss Sports Programmes Annually.

## SPECIAL ACTIVITIES OF THE DEPARTMENT

- \* On the occasion of centenary celebrations Organized South Zone Inter University Hockey Women tournament during the year 2015-16
- \* On the occasion of centenary celebrations Organized All India Inter University Wrestling Men and Women competition during the year 2015-16
- \* Organized South Zone Inter University Kho-Kho Women tournament during the year 2017-18.
- \* Organized South Zone Inter University Kho-Kho Men competition during the year 2017-18
- \* Organized All India Inter University Kho-Kho Men competition during the year 2017-18.



- Conducting Prof. Seshanna Endowment Lecture on Physical Education and Sports from 2010-11 till date.

## BEST PRACTICES

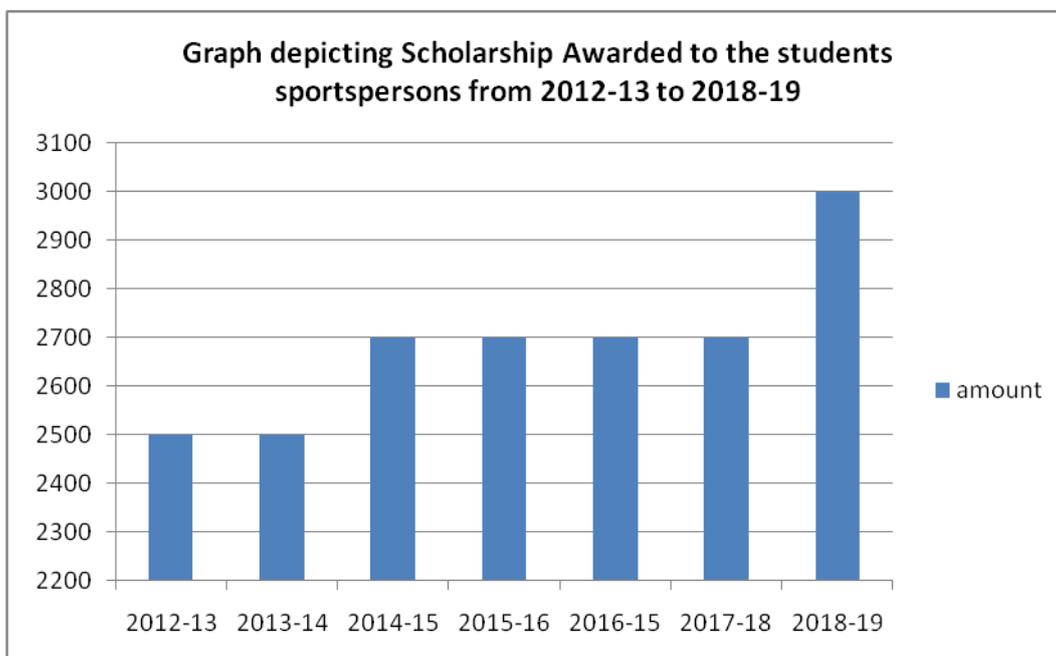
- A Comprehensive Sports Policy has been Evolved to Provide Guidelines for Effective Functioning of the Department to Achieve the Desired Goals, Mysore University has set an example for others to follow in the direction of Promotion of Sports.
- Felicitation of Internationally Reputed Indian Sportspersons Every Year.
- Felicitation Mysore University Players who Won Medals in Inter University Competitions.
- Reservation of Seats for Sportspersons in Post Graduate Admissions.
- Reservation of Seats for Sportspersons in Under Graduate Admissions in the Constituent Colleges.



- University of Mysore has entered into **Memorandum of Understanding (MoU) with Karnataka State Cricket Association (KSCA)** for Uplifting and Maintaining **Mysore University's Maharaja College Cricket Ground at Sports Pavilion, Mysore.** The KSCA has invested Rs. 2 Crores to provide Modern Training Facilities to the Budding Cricketers.
- Institution of Sports Scholarships for Sportspersons.

## SPORTS SCHOLARSHIP AWARDEES FOR THE LAST SEVEN YEARS

The list is depicted in the Annexure of this Report.



### Scholarship Awarded to the students sportspersons form the year 2012-13 to 2018-19

|         |      |    |
|---------|------|----|
| 2012-13 | 2500 | 75 |
| 2013-14 | 2500 | 75 |
| 2014-15 | 2700 | 75 |
| 2015-16 | 2700 | 76 |
| 2016-17 | 2700 | 76 |
| 2017-18 | 2700 | 75 |
| 2018-19 | 3000 | 75 |

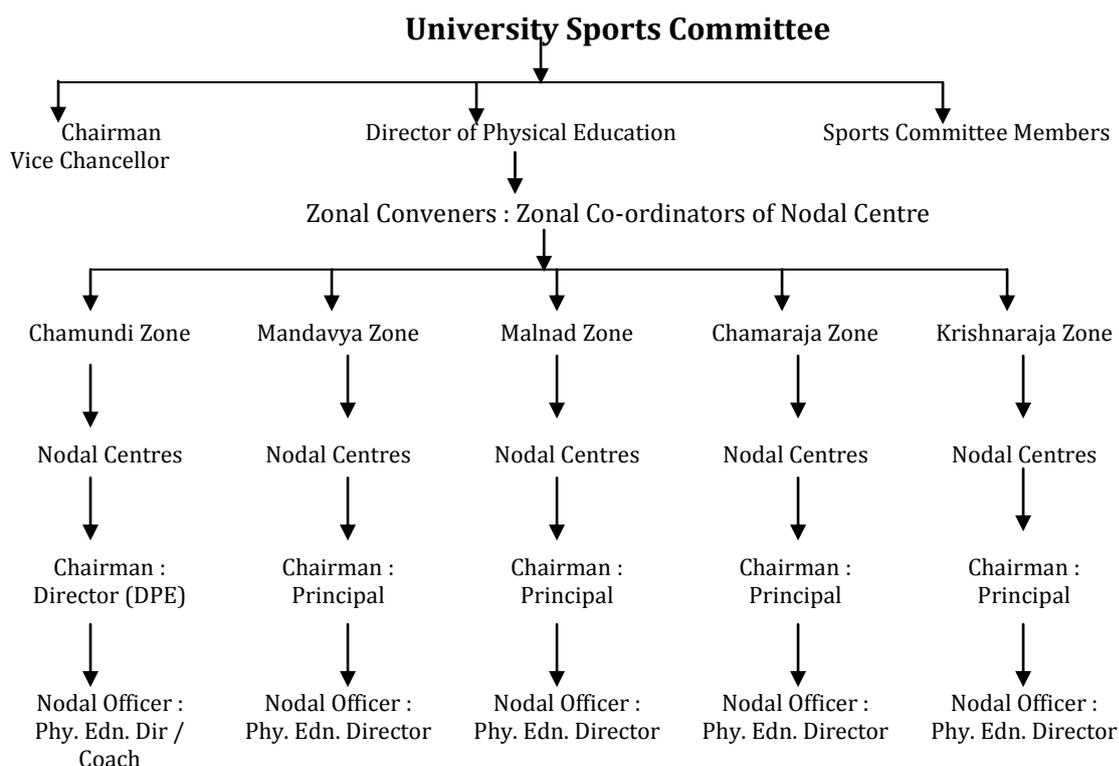
## INNOVATIVE ASPECTS INTRODUCED

- \* A Novel **Insurance Scheme** which Motivates Student Sportspersons to Acquit Well in Inter-University Sports Competitions to the tune of Rs.2 Lakhs each
- \* In Order to Enhance the Standard of Sports Performance among the University Students with Special Emphasis on Rural Students Population, “**Nodal Centers**” of Sports Training were Identified and Established. One month Coaching has been arranged.

### Nodal Centers

| Sl. No. | Zone             | District       | No. of Nodal Centres |
|---------|------------------|----------------|----------------------|
| 01      | Chamundi Zone    | Mysore City    | 03                   |
| 02      | Mandavya Zone    | Mandya         | 06                   |
| 03      | Malnad Zone      | Hassan         | 06                   |
| 04      | Chamaraja Zone   | Chamarajanagar | 05                   |
| 05      | Krishnaraja Zone | Mysore Rural   | 02                   |

### Organizational Setup of Nodal Centers



## **MODERNIZATION CARRIED OUT**

- Procured Three Wrestling Mats with Cover to conduct National level / All India Inter University competitions
- Construction of Multi purpose Indoor hall at Manasagangothri for PG Students and Staff under the UPE and University grant
- Construction of Multi purpose Indoor hall at Maharaja's College and Yuvaraja's College premises under the 11<sup>th</sup> plan UGC grant and University grant
- Up gradational of the facilities like walking path for the regular walkers, the drain around the track, fresh rooms, water sump, over head tank, bore well, sprinklers and repairing of the cinder track.
- Construction of floodlight Basketball Court at Maharaja's College and Yuvaraja's College premises
- Up gradation of Swimming pool with insulation of new water filter Media / FRP Pressure Filter at University Swimming Pool.
- Two Coaches (one Gymnastics and One Athletics) have been appointed by University authorities to impart instructions to the UG & PG Students.

## **OVERALL PROGRESS ACHIEVED**

- New water filter Media / FRP Pressure Filter installed at University Swimming Pool.
- Under the UPE and University grant Multi purpose Indoor hall is constructed at Manasagangothri for the utilization of Students and Staff.
- Under the UGC and University grant Multi purpose Indoor hall is constructed at Maharaja's College for the utilization of Students and Staff.
- Under the UGC and University grant Multi purpose Indoor hall is constructed at Yuvaraja's College for the utilization of Students and Staff.
- Under the UPE Grant The Department of Physical Education Purchased Four AC Motor tread Mills and multi gym equipment
- Gallery Construction of office, rest room and Spectator's, at University swimming pool .



- Comprehensive Document of Sports Policy Handbook 2012 approved by the University Syndicate meeting held on 18<sup>th</sup> October 2012.

## REVENUE GENERATION

The Department of Physical Education Generates the Revenue from the Students and General Public, by Sparing University Swimming Pool, Multi Purpose Gymnasium Hall, during Coaching Camps and also by Sparing the Play Fields and Athletic Oval Ground to Other Institutions and Public Agencies. The Conduct of Summer Coaching Camp in Swimming Generates revenue of about Rs. 30 Lakhs Every Year apart from Regular Revenue. Also Generates more than Rs. 7 Lakh from Conducting Summer Coaching Camps in other Activities like Badminton, Cricket etc. Out of the Revenue Generated during the Summer Coaching Camps 25 % of the Amount will be offered as Incentive to the Coaching and Supportive Personnel since they Work Extra Hours after their Normal Working Hours.

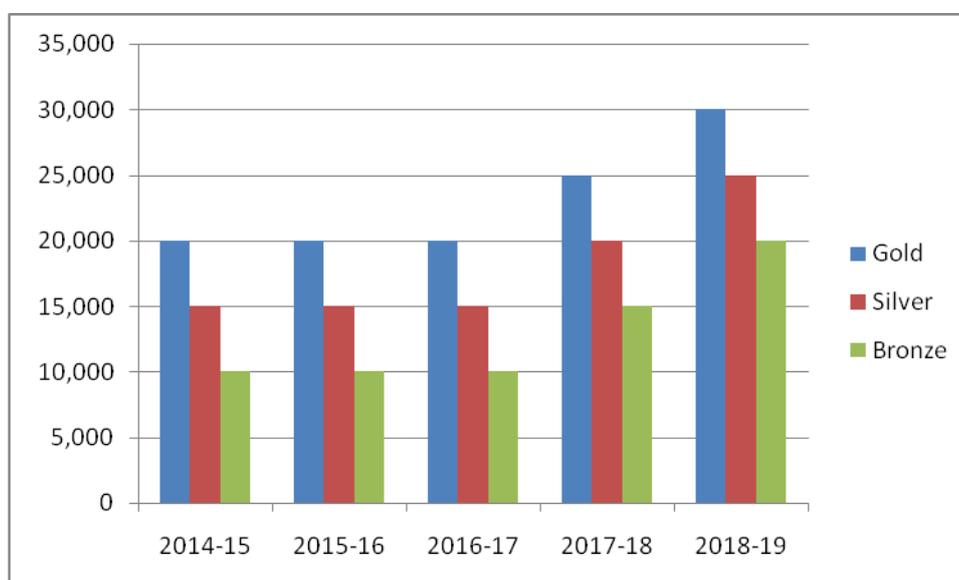
## AWARDS

The Student Sportspersons who Secure Medals at the All India Inter-University Competitions are Felicitated by way of Presenting a Blazer, Memento and Cash Award of Rs.30,000 for Gold medal, Rs. 25,000 for Silver Medal and Rs. 20,000 for Bronze Medal along with Sports Scholarship of Rs.3000/- (Rupees Three Thousand Only) each, on a Regular Basis.

**The Students Sportspersons who secure Medal at All India Inter University Competitions are felicitated with the following Cash Awards for the year 2014-15 to 2018-19.**

| SL No | Year    | Medal  | Amount   |
|-------|---------|--------|----------|
| 1     | 2014-15 | Gold   | 20,000/- |
|       |         | Silver | 15,000/- |
|       |         | Bronze | 10,000/- |
| 2     | 2015-16 | Gold   | 20,000/- |
|       |         | Silver | 15,000/- |
|       |         | Bronze | 10,000/- |
| 3     | 2016-17 | Gold   | 20,000/- |
|       |         | Silver | 15,000/- |
|       |         | Bronze | 10,000/- |
| 4     | 2017-18 | Gold   | 25,000/- |
|       |         | Silver | 20,000/- |
|       |         | Bronze | 15,000/- |
| 5     | 2018-19 | Gold   | 30,000/- |
|       |         | Silver | 25,000/- |
|       |         | Bronze | 20,000/- |

**Graphical representation of Cash Awards from the year 2014-15 to 2018-19**



- South Zone Inter University Winners are awarded cash prize of Rs.6,000/- for the first place, Rs. 4,000/- for the Second Place and Rs. 2,000/-for the Third Place.
- Rs 7,500/- for creating Each New record in the University Inter collegiate Athletic meet (M & W) .
- Rs. 7,500/- Cash for Mr. Mysore University Title Winner in the University Inter collegiate Best Physique Competition (Men).
- Rs. 15,000/- Cash Prize for team Championship in the Inter collegiate Cross Country Race (M & W).
- Rs. 20,000/- cash Prize for team Champions in the Inter Collegiate Athletic meet in Men & Women.
- Rs. 25,000/- cash prize for overall Champions in the Inter Zonal Tournaments in Men and women Section Separately.

### **INFRASTRUCTURAL FACILITIES:**

The Department of Physical Education possesses the following Sports Infrastructural Facilities,



- **International Sized Swimming Pool Measuring 50 x 21 meters** with Changing Rooms, Gents and Ladies Toilets, Twelve Station Multigym Hall etc.,



- **Multi Purpose Gymnasium Hall (Indoor Hall) Measuring 120X80 Feet** with Provision for Indoor Badminton, Basketball, Gymnastics, Table Tennis, Volleyball, Weight Lifting and Wrestling.



- **YOGASANA** practice at Multi purpose Gymnasium Hall



- Three Cricket Grounds of which **One is Standard Cricket Stadium with Six Turf Pitches** at Manasagangothri Campus with Players Pavilion, Dormitory, Spectators Gallery to Accommodate 15000 Spectators along with Toilet Facilities, Eight Turf & One Cement Practice Pitches etc.,



- **Multigym at Sports Pavilion.**



- **Four Hundred Meters Standard Cinder Track.**



- **Four Hundred Meters Standard Cinder Track.**



- A Meeting Hall, Toilets and Store Rooms were constructed adjacent to the Cinder Track by entering into a Memorandum of Understanding with University of Mysore and Lions Club of Mysore, Central.



- **Three Cement Basketball Courts.**



- **One Football Field.**



- **Two Kho-Kho Fields.**



- **Three Kabaddi Courts.**



- **One Ballbadminton Court**



- **One Hockey Field.**



- **One Handball Court.**



- **Two Volleyball Courts**



- **Four Tennis Courts** (one with Flood Light Facilities) Toilets, Changing Room Facilities etc.,
- Wrestling Hall Measuring 15X15 Meters with Toilets & Changing Room Facilities,
- Enough Open Space for other Small Area Games.

**DISTINGUISHED ALUMNI OF THE DEPARTMENT:**

- Sri E.A.S. Prasanna- International Cricketer-Padmashree Awardee.
- Sri Javagal Srinath-International Cricketer-Padmashree Awardee.
- **Sri H.N. Girisha – Silver Medalist (High Jump) Para Olympics, London, 2012**
- Smt J.J. Shobha- Olympian and Arjuna and Padmashree Awardee in Athletics.
- Sri.Prahallad Srinath-Davis Cup Tennis Player.
- Prof. Pushpa Kuttanna A.C. – International Basketball Player
- Smt. Reeth Abraham-International Athlete & Arjuna Awardee.
- Smt. Seeth Chinnappa-International Basketball Player.
- Smt. Zarin Ayyanna-International Basketball Player.
- Smt.Sujatha-International Hockey Player.
- Smt.B.N.Hemalatha-International Hockey Player.
- Smt.B.M.Geetha-International Hockey Player.
- Sri Ullas Nayak – International Table Tennis Medal Winner (Differently baled category)
- Smt. Chitra Magimairaj – World Champion (Billiards)

## **FUTURE PLANS**

- Laying of Astro Turf for the Existing Hockey Field at Sports Pavilion.
- Construction of Yoga Hall.
- Construction of Synthetic 400 Mtrs Standard track

## **STRENGTHS, WEAKNESSES, OPPORTUNITIES AND CHALLENGES**

### **(SWOC) :**

#### **Strengths**

- Department has Academically Well Qualified Physical Educators and Coaches.
- The Department has Fairly Sufficient Sports Facilities for the Use of Students and Public.
- Programmes are Planned Well Based on the Inter-University Calendar of Events.
- Establishment of 22 Nodal Centers for Enhancing Standard of Sports Performance among University Students, Targeting Rural Colleges.

- Instituted Cash Prizes for Inter-Collegiate Men & Women Games Overall Championship, Record Holders in Athletics, Cross Country and Mr.Mysore University Title Winner in Best Physique.

### **Weaknesses**

- The number of students who desire to participate in Sports at the Three Post Graduate Centers outside Mysore viz., Hassan, Mandya and Chamarajanagar is minuscule in nature. Therefore, extensive infrastructure facilities and adequate staff could not be provided at those centers.
- Student Sports Participation is Dwindling due to their fear of Losing Attendance.

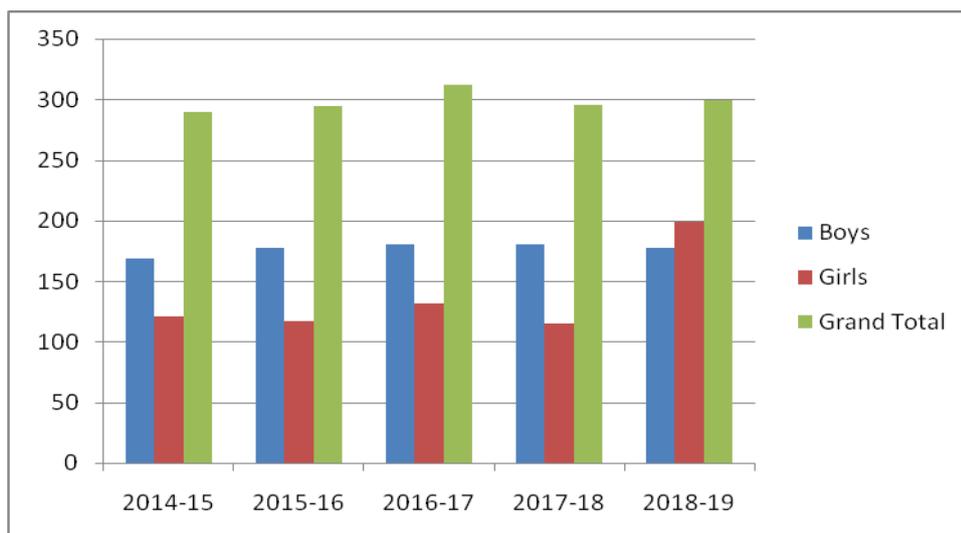
### **Opportunities**

- Round the Year Programmes / Camps can be Organized in Various Sports Disciplines to cater to Societal Needs, using the facilities available.
- There is Lot of Scope to Provide Service to the people who are interested in availing any Programmes and Facilities.
- The other organizations (like Police / Commercial Tax / Income Tax / Forest etc.,) can make use of our Facility and Services.
- Revenue Generation can be Planned.
- Scope for Fitness and Health Development Programme are many.

### **Challenges:**

- 👉 Attracting Students Population to Participate in Sports & Games Competitions throughout the year Amidst Heavy Academic Work and the Semester programme as well as CBCS Pattern followed.
- 👉 Introduction of Physical Education as one of the Academic Subjects at the University Graduate Courses.

**TOTAL NUMBER OF STUDENTS PARTICIPATED IN SOUTH ZONE AND ALL INDIA INTER UNIVERSITY COMPETITIONS FOR LAST FIVE YEARS 2014-15 TO 2018-19**



| Year         | 2014-15 | 2015-16 | 2016-17 | 2017-18 | 2018-19 |
|--------------|---------|---------|---------|---------|---------|
| <b>Boys</b>  | 169     | 177     | 180     | 180     | 177     |
| <b>Girls</b> | 121     | 117     | 132     | 115     | 199     |
| <b>Total</b> | 290     | 294     | 312     | 295     | 299     |

**All India Inter University Competition's Achievement of the Teams and Individuals by The University of Mysore in the Competitions Organised by Various Universities held during the Year 2014-15 to 2018-19**

2014-15

| SL No | Date of Events                                  | Name of the Tournament       | Name of the University conducted the tournament | Name of the Sports/ team | Place secured |
|-------|---|------------------------------|---|--------------------------|---------------|
| 1     | 17 <sup>th</sup> to 20 <sup>th</sup> March 2015 | Alliu Yoga Competition (Men) | Kurukshetra University, Kurukshetra,            | Yoga Men                 | Bronze Medal  |

2016-17

| SL No | Date of Events                                  | Name of the Tournament           | Name of the University conducted the tournament      | Name of the Sports/ team | Place secured         |
|-------|---|----------------------------------|--|--------------------------|-----------------------|
| 1     | 2 <sup>nd</sup> to 9 <sup>th</sup> Feb 2017     | Alliu Kho-Kho (Women) Tournament | Chettinad Academy of Research and Education, Chennai | Kho-Kho Women            | Bronze                |
| 2     | 27 <sup>th</sup> to 31 <sup>st</sup> Dec 2016   | SZIU Hockey Women Tournament     | Alagappa University, Tamilnadu                       | Hockey Women             | 1 <sup>st</sup> Place |
| 3     | 11 <sup>th</sup> to 15 <sup>th</sup> Jan 2017   | Alliu Athletic's Competition     | Anna University, Chennai                             | Shot put Women           | Silver                |
| 4     | 10 <sup>th</sup> to 13 <sup>th</sup> Jan 2017   | SZIU Kho-Kho (Men) Tournament    | Mangalore University, Mangalore                      | Kho-Kho Men              | 3 <sup>rd</sup> Place |
| 5     | 16 <sup>th</sup> to 19 <sup>th</sup> March 2017 | Alliu Yoga Men Championship      | Kurukshetra University, Kurukshetra                  | Yoga Men                 | Silver                |

**2017-18**

| SL No | Date of Events                                | Name of the Tournament          | Name of the University conducted the tournament                                | Name of the Sports/ team   | Place secured         |
|-------|---|---------------------------------|--|----------------------------|-----------------------|
| 1     | 1 <sup>st</sup> to 4 <sup>th</sup> Oct 2017   | AllU Yoga Men Championship      | KIIT University, Bhubaneshwar, Odisha  | Yoga Men                   | Gold                  |
| 2     | 1 <sup>st</sup> to 4 <sup>th</sup> Oct 2017   | AllU Yoga Men Championship      | KIIT University, Bhubaneshwar, Odisha  | Individual Men Competition | Bronze                |
| 3     | 4 <sup>th</sup> to 7 <sup>th</sup> Oct 2017   | SZIU Kho-Kho (Women) Tournament | University of Mysore, Mysore   | Kho-Kho Women              | 1 <sup>st</sup> Place |
| 4     |   | AllU Kho-Kho (Women) Tournament | <u>Gujarath Vidyapeet, Ahamadabad, Gujarat</u> Research and Education, Chennai | Kho-Kho Women              | Bronze                |
| 5     | 12 <sup>th</sup> to 16 <sup>th</sup> Dec 2017 | AllU Athletic's Competition     | <u>Acharya Nagarjuna University, AP</u>  | Shot put Women             | Bronze                |
| 6     | 17 <sup>th</sup> to 20 <sup>th</sup> Jan 2018 | SZIU Kho-Kho Men Competition    | University of Mysore   | Kho-Kho Men                | 1 <sup>st</sup> Place |
| 7     | 21 <sup>th</sup> to 24 <sup>th</sup> Jan 2018 | AllU Kho-Kho Men Competition    | University of Mysore   | Kho-Kho Men                | Gold                  |

**2018-19.**

| SL No | Date of Events                  | Name of the Tournament                         | Name of the University conducted the tournament     | Name of the Sports/ team | Place secured        |
|-------|---------------------------------|--|---|--------------------------|----------------------|
| 1.    | <b>24.11.2018 to 28.11.2018</b> | <b>AllU Athletics (Heptathlon) Competition</b> | <b>Alva's College, Moodabidri, Karnataka</b>        | <b>Dhanusha.M.R</b>      | <b>Gold Medal</b>    |
| 2.    | 04.02.2019 to 08.02.2019        | AllU Yoga (Women) Championship                 | University of Madras, Chennai, TN                   | Divya.D.R                | Gold Medal           |
| 3.    | 14.11.2018 to 08.11.2018        | AllU Wrestling (Greco Roman) Competition       | Chaudhary Bansilal University, Bhiwani              | Rakesh. S                | Bronze Medal         |
| 4.    | 04.02.2019 to 08.02.2019        | AllU Yoga (Men) Championship                   | University of Madras, Chennai, TN                   | Yoga Team                | Silver Medal         |
| 5.    | 04.02.2019 to 08.02.2019        | AllU Yoga (Women) Championship                 | University of Madras, Chennai, TN                   | Yoga Team                | Silver Medal         |
| 6.    | 14.01.2019 to 30.01.2019        | SZIU Cricket (Men) Tournament                  | Visvesvaraya Technological University, Belgavi      | Cricket Team             | Silver Medal         |
| 7.    | 03.02.2019 to 09.02.2019        | AllU Cricket (Men) Tournament                  | KIIT- Deemed to be University, Bhubaneshwar, Odisha | Cricket Team             | Silver Medal         |
| 8.    | 29.01.2019 to 01.02.2019        | AllU Hand Ball (Women) Tournament              | Anna University, Chennai, TN                        | Handball (W) team        | Bronze Medal         |
| 9.    | 15.10.2018 to 18.10.2018        | SZIU Kho-Kho (Women) Tournament                | Mangalore University, Mangalore                     | Kho-Kho (W) Team         | Secured first Place  |
| 10.   | 27.10.2018 to 31.10.2018        | SZIU Volleyball (W) Tournament                 | KL University, Vaddeshwaram, AP                     | Volleyball (W) Team      | Secured Fourth Place |



**Kum. Dhanusha.M.R has secured Gold Medal in Heptathlon Event in All India Inter University Athletic's Competition. In the History of University of Mysore for the first time Mrs.Dhanusha .M.R of our University is selected to represent Indian University for World University Games 2019 to be held at Napoli, Italy from 3<sup>rd</sup> to 14<sup>th</sup> July 2019 in Heptathlon Event**



**Kum.Divya. D.R of our University secured Gold in All India Inter University Yoga Individual Championship 2018-19.**



**Sri. Rakesh. S of our University secured Bronze Medal in All India Inter University Wrestling (Greco Roman) Championship 2018-19**



**Mysore University Yoga Men & Women team has secured Silver Medal in Team championship at All India Inter University Yoga M&W Championship 2018-19.**



**Mysore University Handball Women team has secured Silver Medal in All India Inter University Handball Women Tournament 2018-19**



**Mysore University Cricket Men Team has secured Silver Medal in All India Inter University Cricket Men Tournament 2018-19**



**Mysore University Kho-Kho Women Team has secured 1<sup>st</sup> Place in South Zone Inter University kho-Kho Women Tournament 2018-19**



**Mysore University Vollyerball Women Team has secured Fourth Place in South Zone Inter University Volleyball Women Tournament 2018-19**

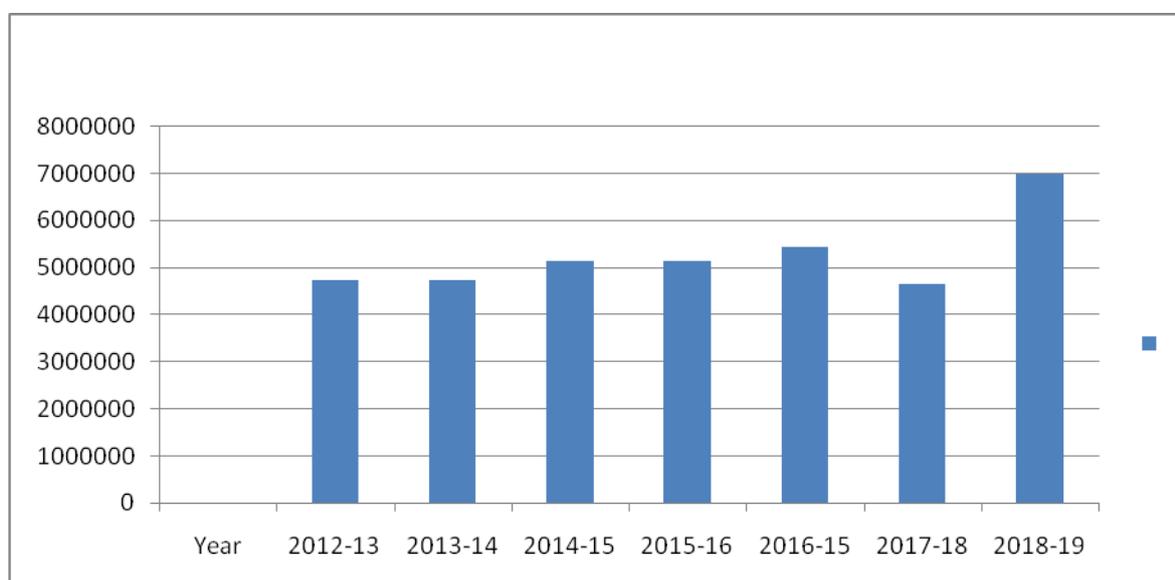


**Mysore University Medal Winners in South Zone and All India Inter University Tournaments during the year 2018-19.**

**OVERALL BUDGETARY PROVISIONS**  
**Overall Budget Allocation from the year 2012-13 to 2018-19**

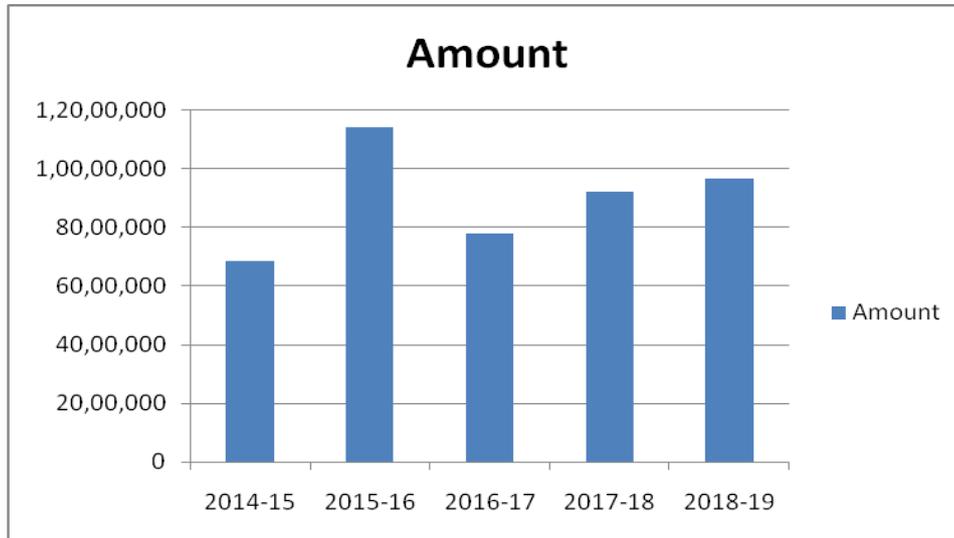
| Code No      | Heads of Account  | 2013-14          | 2014-15          | 2015-16          | 2016-17          | 2017-18          | 2018-19            |
|--------------|---|------------------|------------------|------------------|------------------|------------------|--------------------|
| 130          | Maintenance of Swimming Pool                              | 5,00,000         | 6,00,000         | 6,00,000         | 6,00,000         | 6,00,000         | 6,00,000           |
| 163          | Scholarship to Outstanding Sports Persons                 | 1,75,000         | 2,00,000         | 2,00,000         | 2,00,000         | 2,00,000         | 2,00,000           |
| 166          | Sports Activities (University)                            | 22,00,000        | 47,66,798        | 43,10,000        | 45,50,000        | 45,39,000        | 88,72,000          |
| 170          | Development of Sports Facilities and Procuring of Colours | 3,50,000         | 4,00,000         | 4,00,000         | 4,00,000         | 4,00,000         | 8,00,000           |
| 171          | Sports Equipment / Book and Blazers                       | 5,00,000         | 5,50,000         | 5,50,000         | 5,50,000         | 2,50,000         | 20,00,000          |
| 285          | Enhancing Standard of Sports Performance                  | 10,00,000        | 12,00,000        | 12,00,000        | 12,00,000        | 12,00,000        | 0                  |
| <b>Total</b> |   | <b>47,25,000</b> | <b>77,16,798</b> | <b>72,60,000</b> | <b>75,00,000</b> | <b>71,89,000</b> | <b>1,24,72,000</b> |

**Graphical Presentation of Over all**  
**Budget Allocation from the year 2013-14 To 2018-19**



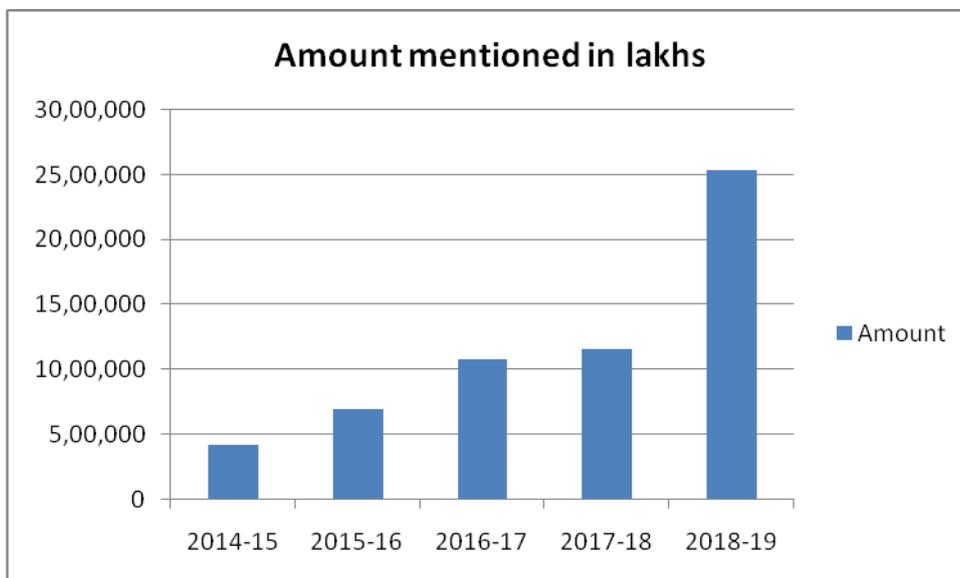
**Overall Expenditure of Sports Activities of Department of Physical Education from the year 2014-15 to 2018-19**

| Year   | 2014-15   | 2015-16     | 2016-17   | 2017-18   | 2018-19   |
|--------|-----------|-------------|-----------|-----------|-----------|
| Amount | 68,59,890 | 1,14,25,033 | 77,89,733 | 92,15,359 | 96,75,136 |



**Total Income Generated from Department of Physical education from Various fees and ground rent from the year 2014-15 to 2018-19**

| Year   | 2014-15  | 2015-16  | 2016-17   | 2017-18   | 2018-19   |
|--------|----------|----------|-----------|-----------|-----------|
| Amount | 4,16,776 | 6,93,900 | 10,74,925 | 11,56,590 | 25,32,660 |



## **Alumini Association of University Representative**

The Department Reaches out to the Physical Directors, Coaches and Alumini involved in other organizations and collaborates with them to organize Sports Competitions and other Sports Related Activities. There is Liaising between Various Sports Associations and Federations for Mutual Relationship and Benefits.

There is sharing of knowledge, Technical Skills and Expertise among the Members of Department and Associations.

### **WELFARE OF STAFF**

A Free Medical Check Up / Screening Camp was organized during 2009-10 in association with BGS Apollo Hospital. All the Staff Members availed this Opportunity. A few members who needed further Medical Support were Identified and Referred to Specialists for further treatment.

### **Social Concerns shown by Department of Physical Education**

1. Every Year Summer sports coaching for the individuals of age 8 to 18 yeras for a duration of one month in 15 Sports disciplines will be organised. This is the flagship of programme of University of Mysore. During 2018-19 camp, a total of 800+ boys and girls participated.
2. Round the year sports training and coaching in selected sports activities for school children is provided in addition to College and University students.
3. For the benefit of health conscious public a separate walking path around the oval ground (Track) has been created.
4. For the benefit of public who seek recreation, competition experience and also help maintain their health facilities such as track, Badminton courts , Swimming pool, open grounds etc are provided.
5. Government of Karnataka , Pre-University Board, Secondary Education Department, Police department, Media associations, Forest Department, Schools and Colleges, Factories, District, State and National Sports Associations Utilize the sports facilities of University of Mysore whenever they organize and conduct activities of their Alma mater/ organization.
6. Services of Teaching, Coaching and Sports Ground Staff will be spared to the needy organizations whenever sports competitions are organized by them.
7. The Department of Physical Education spares the Special Sports Equipment to the organizers of State and National Level Sports Competitions.

## **UNIQUE PRACTICES OF UNIVERSITY OF MYSORE AND ITS OBJECTIVES**

### **Summer Sports Coaching Camp's objectives**

1. Facilitate Children / youth's involvement in socially and personally productive activity.
2. Facilitate learning of a New Sport / Game
3. Facilitate learning of basic skills of sport / Game as well as basic skills such as standing walking, running etc. Which add to the personality of children / youth.
4. Facilitate learning and practising of values such as sense of time, dress sense, Maintainance of discipline, maintenance of clean and healthy environment, extend and seek co-operation, Group feeling, team – before – the self attitude, sense of belonging (Group/ institution / state / Nation), over coming of narrow feelings / attitudes on account of socio- economic status / Religion/ Caste, patriotic feeling.
5. Provide a Programme which acts as anti dote to over weight / obesity and under weight.
6. Provide movement to vital organs such as heart, lungs, circulatory and nerves systems.
7. Facilitate identification of hidden talent.
8. Facilitate give guidance to the children / youth in choosing the sport / Game for which his / her body is ideally suited.
9. Help participants to maintain schedule of training and participating without jeopardising their academic activities.
10. Facilitate over come fear of failure, making the participants understand the maxim "to win if possible and lose if necessary" Appreciate the winner obey the rules, oblige the officials.
11. To make the participants understand about nutritions food, need of rest, relaxation, avoidance of unhealthy food practices, untimely food consumption.
12. Physical activity improves academic performance. Therefore camp helps to inform the parents that controlled participation in sports in beneficial in many ways.
13. To contribute towards enhancing the prestige and honour of institutions and nation.
14. Open spaces in the precincts of schools are utilized for construction and expansion of buildings. Consequently the children are denied of valuable participation experience in sports. This coaching compensates the valuable loss.
15. Help Children to achieve excellence in sports by appropriate guidance.
16. Facilitate grooming of future sportspersons for the Nation.
17. Summer Sports Coaching camp is an excellent extension service of university of Mysore. It is a scheme of this University through which social obligation is fulfilled.
18. Through This camp Mysore University contributes to the development of sports in the country.



**Inuaguration of 26th Annual Summer Coaching Camp 2019 held at Sports Pavilion.**



**Inuaguration of Multi Gym and AC Motor Tread Mill Equipments at Sports Pavilion.**



**Closing Function of 26th Annual Summer Coaching Camp 2019 held at Indoor,**



- The Department has been Relentlessly Working for the Social Cause in the area of Sports by Conducting **Summer Sports Coaching Programme** since 24 Years. This is a Unique Practice which is not found in any of the Universities in India. On an average About 1000 Children in the Age Group of 8-18 Years benefit from this Programme

Every Year. Many among the Children who attended the Camps Continued this Training and Participation to avail further benefit of Securing Seats in Engineering, Medical, Polytechnic, Physiotherapy Institutions etc.

- Our University is the Pioneer in Emphasizing on **Physical Fitness Standard and conducting Tests** during Selection of University Players/ Teams. This practice of Testing for Physical Fitness has been in vogue since 17 Years (2000-01). Physical Fitness Test for Women Players/Teams during Selection Trials was started in the Year 2010-11.
- Sports Scholarships are Awarded for 75 Outstanding Sportspersons Each Year.

### **MEETING FUTURE CHALLENGES AND PREPAREDNESS**

The main Challenge for the Department is to see that Mysore University Students Perform on par with Competitors from other Universities who excel in Sports.

In view of this a Programme for Enhancing the Standard of Sport Performance of Students has been initiated.

The Department Intends to Select Talented Sportspersons from such Programme and Draw them together into a Sports Hostel in the Headquarters and provide them **Free Sports Training and Education.**

### **REVIEW MECHANISM ADOPTED IN OFFICES**

Regular Appraisal of Office Work and Supervision of programmes are done on a Daily Basis. Periodical Meetings are held to Review Work of Colleagues and the Office Staff, including the Programme. Feed Back is sought and Opportunities for Expression of Opinion are given to Everyone.

Date :

Place : Mysore

**(Dr. P. Krishnaiah)**  
Director (I/C)

**THE FOLLOWING INFORMATION OF DEPARTMENT OF PHYSICAL EDUCATION ,  
UNIVERSITY OF MYSORE, MYSORE FROM THE YEAR 2014-15 TO 2018-19**

| <b>CRITERION V - STUDENT SUPPORT AND PROGRESSION</b>   |                    |  |   |  |                               |
|--|--------------------|--|---|--|-------------------------------|
| <b>5.1 Student Support</b>   |                    |  |   |  |                               |
| <b>5.1.1 Scholarships and Financial Support</b>  |                    |  |   |  |                               |
| Financial support from institution   |                    | Name /Title of the scheme  |   | Number of students   | Amount in Rupees              |
| University Account Code no. 163  |                    | Scholarship to outstanding sports person                             |   | In the year 2014-15 for 75 students                        | Rs. 2700-00 each sportsperson |
| University Account Code no. 163  |                    | Scholarship to outstanding sports person                             |   | In the year 2015-16 for 75 students                        | Rs. 2700-00 each sportsperson |
| University Account Code no. 163  |                    | Scholarship to outstanding sports person                             |   | In the year 2016-17 for 75 students                        | Rs. 2700-00 each sportsperson |
| University Account Code no. 163  |                    | Scholarship to outstanding sports person                             |   | In the year 2017-18 for 75 students                        | Rs. 2700-00 each sportsperson |
| University Account Code no. 163  |                    | Scholarship to outstanding sports person                             |   | In the year 2018-19 for 75 students                        | Rs. 3000-00 each sportsperson |
| Financial support from other sources   |                    |  |   |  |                               |
| a) National  |                    | Nil  |   |  |                               |
| b) International   |                    | Nil  |   |  |                               |
| 5.1.2 Number of capability enhancement and development schemes such as Soft skill development, Remedial coaching, Language lab, Bridge courses, Yoga, Meditation, Personal Counselling and Mentoring etc., |                    |  |   |  |                               |
| Name of the capability enhancement scheme  |                    | Date of implementation   | Number of students enrolled                                   | Agencies involved  |                               |
| NA   |                    | NA   | NA  | NA   |                               |
| 5.1.3 Students benefited by guidance for competitive examinations and career counselling offered by the institution during the year  |                    |  |   |  |                               |
| Year   | Name of the scheme | Number of benefited students by Guidance for Competitive examination | Number of benefited students by Career Counselling activities | Number of students who have passed in the competitive exam | Number of students placed     |
| NA   | NA                 | NA   | NA  | NA   | NA                            |
| 5.1.4 Institutional mechanism for transparency, timely redressal of student grievances, Prevention of sexual harassment and ragging cases during the year  |                    |  |   |  |                               |
| Total grievances received  |                    | No. of grievances redressed  |   | Average number of days for grievance redressal             |                               |

| <b>5.2 Student Progression</b>  |   |                                      |                               |  |                               |                     |
|---|---|--------------------------------------|-------------------------------|--|-------------------------------|---------------------|
| 5.2.1 Details of campus placement during the year   |   |                                      |                               |  |                               |                     |
| On campus   |   |                                      | Off Campus                    |  |                               |                     |
| Name of Organizations Visited   | Number of Students Participated   | Number of Students Placed            | Name of Organizations Visited | Number of Students Participated              | Number of Students Placed     |                     |
| NA  | NA  | NA                                   | NA                            | NA   | NA                            |                     |
| 5.2.2 Student progression to higher education in percentage during the year   |   |                                      |                               |  |                               |                     |
| Year  | Number of students enrolling into higher education                          | Programme graduated from             | Department graduated from     | Name of institution joined                   | Name of Programme admitted to |                     |
| NA  | NA  | NA                                   | NA                            | NA   | NA                            |                     |
| 5.2.3 Students qualifying in state/ national/ international level examinations during the year (eg:NET/SET/SLET/GATE/GMAT/CAT/GRE/TOFEL/Civil Services/State Government Services) |   |                                      |                               |  |                               |                     |
| Items   |   | No. of Students selected/ qualifying |                               | Registration number/roll number for the exam |                               |                     |
| NET   |   |                                      |                               |  |                               |                     |
| SET   |   |                                      |                               |  |                               |                     |
| SLET  |   |                                      |                               |  |                               |                     |
| GATE  |   |                                      |                               |  |                               |                     |
| GMAT  |   |                                      |                               |  |                               |                     |
| CAT   |   |                                      |                               |  |                               |                     |
| GRE   |   |                                      |                               |  |                               |                     |
| TOFEL   |   |                                      |                               |  |                               |                     |
| Civil Services  |   |                                      |                               |  |                               |                     |
| State Government Services   |   |                                      |                               |  |                               |                     |
| Any Other   |   |                                      |                               |  |                               |                     |
| 5.2.4 Sports and cultural activities / competitions organised at the institution level during the year  |   |                                      |                               |  |                               |                     |
| Activity  | Level   |                                      | Participants                  |  |                               |                     |
|   |   |                                      |                               |  |                               |                     |
| <b>5.3 Student Participation and Activities</b>   |   |                                      |                               |  |                               |                     |
| 5.3.1 Number of awards/medals for outstanding performance in sports/cultural activities at national/international level (award for a team event should be counted as one)         |   |                                      |                               |  |                               |                     |
|   | Name of the award/ medal  | National/ International              | Sports                        | Cultural                                     | Student ID number             | Name of the student |
| <b>2014-15</b>  | Secured Bronze Medal in All India Inter University Yoga Competition Men     | National                             | Yoga Individual               |  |                               | N. Sanjay           |
| <b>2015-16</b>  | NIL   | NIL                                  | NIL                           | NIL  | NIL                           | NIL                 |
| <b>2016-17</b>  | Secured Bronze Medal in All India Inter University Kho-Kho Women Tournament | National                             | Kho-Kho (W) Team              |  |                               |                     |

|                |  |               |                             |  |  |                      |
|----------------|--|---------------|-----------------------------|--|--|----------------------|
|                | Secured 1 <sup>st</sup> Place in South Zone Inter University Hockey Women Tournament   | South Zone    | Hockey Team                 |  |  |                      |
|                | Secured Silver Medal in All India Inter University Athletics Competition   | National      | Shotput (W) Individual      |  |  | Kum. Meghana Devanga |
|                | Secured 3 <sup>rd</sup> Place in South Zone Inter University Kho-Kho Men Tournament  | South Zone    | Kho-Kho Men Team            |  |  |                      |
|                | Secured Silver Medal in All India Inter University Yoga Competition Men  | National      | Yoga Men Team               |  |  |                      |
| <b>2017-18</b> | Secured Gold Medal in All India Inter University Yoga Competition Men  | National      | Yoga Men Team               |  |  |                      |
|                | Secured Bronze Medal in All India Inter University Yoga Competition Men  | National      | Yoga Men Individual         |  |  |                      |
|                | Secured 1 <sup>st</sup> Place in South Zone Inter University Kho-Kho Women Tournament  | South Zone    | Kho-Kho (W) Team            |  |  |                      |
|                | Secured Bronze Medal in All India Inter University Kho-Kho Women Tournament  | National      | Kho-Kho (W) Team            |  |  |                      |
|                | Secured Bronze Medal in All India Inter University Athletics Competition   | National      | Shotput (W) Individual      |  |  | Kum. Meghana Devanga |
|                | Secured 1 <sup>st</sup> Place in South Zone Inter University Kho-Kho Men Tournament  | South Zone    | Kho-Kho (M) Team            |  |  |                      |
|                | Secured 1 <sup>st</sup> Place in South Zone Inter University Kho-Kho Men Tournament  | South Zone    | Kho-Kho (M) Team            |  |  |                      |
|                | Secured Gold Medal in All India Inter University Kho-Kho Men Tournament  | National      | Kho-Kho (M) Team            |  |  |                      |
| <b>2018-19</b> | Kum. Dhanusha .M.R is Selected to participate in World University Games 2019 to be held at Napoli, Italy From 03 <sup>rd</sup> to 14 <sup>th</sup> July 2019 in Heptathlon Event | International | Heptathlon Women Individual |  |  | Kum. Dhanusha. M.R   |
|                | Secured Gold Medal in All India Inter University Athletics Competition   | National      | Heptathlon Women Individual |  |  | Kum. Dhanusha. M.R   |
|                | Secured Gold Medal in All India Inter University Yoga Women Competition  | National      | Yoga Women Individual       |  |  | Kum. Divya. D.R      |

|  |   |            |                          |  |  |   |
|--|---|------------|--------------------------|--|--|---|
|  | Secured Bronze Medal in All India Inter University Wrestling Men Competition          | National   | Wrestling Men Individual |  |  | Sri. Rakesh. S  |
|  | Secured Silver Medal in All India Inter University Yoga Men Competition               | National   | Yoga Men Team            |  |  |   |
|  | Secured Silver Medal in All India Inter University Yoga Women Competition             | National   | Yoga Women Team          |  |  |   |
|  | Secured Silver Medal in South Zone Inter University Cricket Men Competition           | National   | Cricket Men Team         |  |  |   |
|  | Secured Silver Medal in All India Inter University Cricket Men Competition            | National   | Cricket Men Team         |  |  |   |
|  | Secured Bronze Medal in All India Inter University Handball (W) Competition           | National   | Handball Women Team      |  |  |   |
|  | Secured 1 <sup>st</sup> Place in South Zone Inter University Kho-Kho Women Tournament | South Zone | Kho-Kho (W) Team         |  |  |   |
|  | Secured 4th Place in South Zone Inter University Volleyball Women Tournament          | South Zone | Volleyball (W) Team      |  |  |   |
|  | Gold Medal in Inter Zonal (Vizzy Trophy) Cricket Competition 2018-19                  | ALL India  | Cricket (Men)            |  |  | <p>Selected to represent South Zone Cricket team &amp; they won gold medal in the All India Vizzy Trophy Cricket competition 2018-19</p> <ol style="list-style-type: none"> <li>1. Madan Mohan</li> <li>2. Shashank. K</li> <li>3. Nandan Narayan.L</li> <li>4. Utham Aiyappa</li> <li>5. Venkatesh. M</li> </ol> |
|  |   |            |                          |  |  |   |