



University of Mysore (Estd.1916)

POSTGRADUATE DIPLOMA in WOMEN'S STUDIES

Choice Based Credit System (CBCS)



UNIVERSITY OF MYSORE CENTRE FOR WOMEN'S STUDIES Manasagangotri, Mysuru-570006

Regulations and Syllabus Post Graduate Diploma in Women's Studies (P.G. Diploma semester scheme)

Under

Choice Based Credit System (CBCS)

UNIVERSITY OF MYSORE

GUIDELINES AND REGULATIONS LEADING TO POST GRADUATE DIPLOMA IN WOMEN'S STUDIES

(P.G. DIPLOMA TWO - SEMESTER SCHEME UNDER CBCS)

Programme Details

Name of the Department	:CENTRE FOR WOMEN'S STUDIES
Subject	: WOMEN'S STUDIES
Faculty	: ARTS
Name of the Course	:POST GRADUATE DIPLOMA IN WOMEN'S STUDIES
Duration of the Course	:P.G.D 1 year- divided into 2 semesters

Programme objectives-

The students are undergraduates, researchers from various disciplines and development functionaries from GO and NGOs. Writers on women issues and field activists are also part of the programmes. The main objective of the programme of PG Diploma in Women's Studies is to cater their needs and expectations.

- Provide gender expertise to degree holder from various disciplines
- Giving clarity on gender concepts and issues of women in socio, economic, political and legal sectors field activists, writers and development workers
- Providing information on feminist research methodology which is useful to researchers

Programme Outcomes-

After the completion of the course the student will-

- Develop an understanding of women's issues and feminists' ideologies
- Develop feminist perspective and understand the gaps in gender relations in the society and its implications on women's development
- Understand means and strategies of women's empowerment
- Understand elements of feminist research methodology

- Understand different ideologies of feminist movement and their success through movement including pro-women legal measures and amendments
- Understand the factors behind Gender based violence against women and develop the skills of counseling women in difficult situation
- Develop practical skills of training
- Develop voluntarism to work for women's development and Gender equality

Programme Specific Outcome (PSO)

- Describe how the effects of gender, sexuality, race, class and nation intersect in the construction of identity and institutional formations.
- Demonstrate proficiency in writing and oral communication skills.
- Understand and evaluate major theories and texts central to Women, Gender, and Sexuality Studies.
- Understand the ways in which economic, cultural, religious, environmental, and political forces shape a range of transnational social movements in India and other countries.
- Conduct research using feminist methodologies.
- Use feminist frameworks to analyze the structure of gendered representations in media, language, and texts.
- Demonstrate critical and analytic thinking skills.
- Apply acquired knowledge toward academic, professional, and personal development.

Pedagogies adopted in M.A. programme

- Class room lecturing along with interaction, discussions
- Power point presentations
- Organising special lectures by experts
- Conducting seminars /paper presentations by students to develop their confidence and interest
- Through project work students will get research experience and knowledge of literature review
- Student will get practical knowledge by visiting NGOs/ women organization/ Government departments and so on for project work
- Student will get training skills by participating in extension activities organized by the Centre.

COURSE STRUCTURE AND SYLLABUS

FIRST SEMESTER

Paper Code	Title of the course	Theory Exam	Internal Assesment	Total
69756	Fundamentals of Women's Studies	80	20	100
69757	Gender, Society and Culture	80	20	100
69758	Women Economy and Development	80	20	100
69759	Women's Movements	80	20	100

Second Semester

Paper Code	Title of the course	Theory Exam	Internal Assessmen t	Viva- voce	Total
69766	Gender and Law	80	20	0	100
69767	Women and Health	80	20	0	100
69768	Women and Politics	80	20	0	100
69769	Feminist Research Methodology	80	20	0	100
	Project Work/ Dissertation	60 (Dissertation)	20	20	100

SEMESTER I

COURSE-I : Fundamentals of women's studies

Objectives

> Understanding the significance and need of Women's studies.

Course Outcome

By the end of the semester student will be able to understand -

- Origin, growth and scope of women's studies
- Social structure and women position in society and need for elimination of gender discrimination and developing gender concern in society
- Oppression of women and need for women's empowerment
- Strategies for liberation of women from patriarchal system
- Present issues and challenges of women in different sectors

COURSE CONTENT

 Introduction to Women's studies - Origin and Growth - Need for Women's Studies -Objectives - Scope of Women's Studies - Women's Studies as an academic discipline -Relevance of Women's Studies in Indian Context

- Key Concepts in Women's Studies Sex Gender Patriarchy Matriarchy Androcentrism - Gynocentrism – Sexuality - Gender Roles – Gender Taboos - Gender Mainstreaming – Gender Budgeting – Gender discrimination – Gender Division of Labour – Gender gap - Invisibility of Women's Work – Gender Equity – Gender Equality – Empowerment
- 3. What is feminism? Growth of feminism, schools of feminism Liberal, Marxist, Radical Socialist feminist, Psycho analytic, post- modern-eco-feminism Feminism in India
- 4. Status of women in India historical perspective (in Vedic period, medieval period and preindependence period) - Status of women in independent India, evidence of discrimination – key indicators - sex ratio, infant mortality rate, age specific death rates, maternal mortality rate, marital status, age at marriage, literacy rate, School enrolment – Women in organized and unorganized sectors.

- 1. Kamala Bhasin and Nighatasayed, Feminism and its relevance to South Asia
- 2. Ann Oakley and Juliet Mitchell, What is Feminism?
- 3. Rosemarie Tong Feminist Thoughts
- 4. Kamala BhasinWhat is Patriarchy
- 5. Maria Mies Indian women and patriarchy
- 6. Simon de Beauvoir The second sex
- 7. MaithreyiKrishnaraj Feminist concepts Vol I, II and III
- 8. MaragretEichlet Double Standard
- 9. MaithreyiKrishnaraj Women's Studies in India
- 10. A. Surya Kumari (ed) Women's Studies

COURSE-II : GENDER, SOCIETY AND CULTURE Objectives

Clear understanding the concept of gender, gender relations in society and cultural influences on it.

Course Outcome

By the end of the semester student will be able to understand -

- Society, its institutions and status of women
- Various pressing issues of women and their causes
- Views of various religions on women and cultural practices against women
- Depiction of women in art, literature and media

- Meaning of Society and Social Institutions status of women in Family and Marriage system-Kinship - Differential Status of Women - Caste-Class-Religion-Rural- Urban, Tribal women -Dalit women – Changing role of women in society
- Major Social Issues of Women Devadasis Commercial sex workers, Domestic Violence-Rape, Female Infanticide- Feticide-Child marriage-Divorce-Dowry-Widow-Sati-Wife battering-causes/ consequences – Women and Communal riots - Harassment - honour killing, moral policing

- 3. Culture and Religion Cultural feminism -postmodernism and the family women as emblems of culture and nation: conceptions of Hindu right and the democratic women's movement, development, culture and resistance, resource for the struggle, Religion and patriachary – Hinduism – Buddhism - Islam -Christianity – Women in folk art
- 4. Arts and women Themes and attitudes related to women in main stream and folk arts women in the history of art role of arts in the progress of women Women and literature literature by women feminist literature and feminist criticism survey of kannada literature from a feminist perspective Women and media portrayal of women in media

- 1. Ed.Diana.L.EakDevakiJain.Speaking of faith
- 2. Bhat, Yashoda. YadmunaRao. The image of the women in Indian literature D.R. publishing corporation, Delhi.
- 3. Elaine Showalter ,HarcurtBranceJovanvich, Women's liberation and literature ; New York.
- 4. Ed. RehanaGhadially Women in Indian society; sage publication.
- 5. Glock c. Religion and society in tension
- 6. A.S Altekar The position of women in hindu civilization
- 7. C. Badar Women in ancient India

COURSE-III :WOMEN, ECONOMY AND DEVELOPMENT

Objectives:

- Understanding the status of women in Indian economy
- Understanding the concept of development from women's perspective

Course outcome:

By the end of the semester the student will be able to speak on-

- Gender concerns of development programmes
- Different approaches adopted in women's development
- Gender gap in development
- Status of women work force in India and challenges they face
- Role of different stake holders in women's development

- 1. Meaning of economy Concept of Development Women's Development decade (1975-1985). Women in Development (WID), Women and Development (WAD), Gender and Development (GAD), Human Development Index (HDI), Gender Development India (GDI) and Gender Empowerment Index (GEM), Gender Budgeting.
- 2. Women and Demography Women in Agriculture Industry and Service Sectors Gender differences in access to education and health- Feminization of poverty Policies and Programmes to reduce gender gap Contribution of Women to GNP Measurement Problems
- 3. Structure of female employment in India Occupational distribution of female work force, secular decline in female lab our force participation women in agriculture Lopsidedness of female employed women in unorganized/informal sector, characteristics of this sector. Reasons for more women in this sector Conditions and problems of women in this sector Occupational hazards legislative protection.
- 4. Women and Planning Women Development approaches in Indian Five Year Plans Collectivity and Group dynamics – Self – help Groups women and leadership – Panchayati Raj – Political Role and Participation – NGOs and Women Development – National and International

Funding Agencies - New Economic Policy- Globalization, Liberalization and Privatization-Impact on women

REFERENCES

- 1. Chapter on women and economy women in society in India Dr, Neera Desai & Dr. M.Krshnaraj.
- 2. Women and modern occupation in India kumudranjan.
- 3. Economic development and role of Indian women by Harish.
- 4. Status of women in India I.C.S.S.R report.
- 5. The other side of development (ed) by K.S. Shukla.
- 6. Women and work in India T,N, Dak.
- 7. Tyrany of the household Ms. Devakijain and NirmalaMukherji.
- 8. Forms of production and women's work Isa baud.
- 9. Women's work and pay -sleone.
- 10. Women in the labour market Treesarees.
- 11. Women and employment in India YesodaShanmugasundaram.
- 12. CSWI towards equality report on status of women in India .

COURSE-IV :WOMEN'S MOVEMENT

Objectives

Rise and growth of feminism in the history with special focus on women's rights movement and liberation movements of 20th century in the West and East

Course outcome

By the end of the Unit student will be able to understand -

- Women's movement in third world countries
- Women's participation in Dalit movement, tribal movement and other movements
- Women's participation in Indian religious movement, social and political movements. Women's participation in trade unions
- Women's movement in post-independence era. Role of autonomous institutions in women's movement.
- Issues of women's movement in India

- 1. Rise of feminism, campaign for equal rights, feminism and social tradition, struggle for property, struggle for rights of the women over her own body, struggle for suffer age, women's movements in the 20th century in the west.
- 2. Women's movement in the third world, nationalist movements and women's movement Indonesia, Sri Lanka, Vietnam, china, Africa, religious social movements and women's movements - Women's movements and political movements - workers and peasants movements - tribal movements - Dalit movements, ecological movements other social political and cultural movements
- **3.** Women's movement in India Religious and Social movements of India and women till 18th Century: Social reformist movement of 19th 20th centuries and women: Education for women: marriages and widows: Abolition of Child marriages: mainstream organizations: ASWC, NFIN, etc., their organizing at the grass roots.

- 4. Women's movements in post-independence era Definition of autonomous women's
 - movements major issues taken up by the autonomous movements in India emergence and growth of autonomous women's movement Dowry Rape Sati Personal law and community identities marital cruelty bigamy health, etc., -Present problems and approaches in mobilization and networking Changing priorities and strategies of women's movement.

- 1. Faces of feminism Olive Banks.
- 2. Women's movement GabrialDisyrich.
- 3. Issues at Tate Nandits shah and Nandit Gandhi.
- 4. Decade of women's movement Neeradesai and Vibhutipatel.
- 5. Mistory of doing Radhakumar.
- 6. Space within struggle Ilinesen.
- 7. Women's movement and nationalism in the third world Jayawardhane.
- 8. Relevance of women's movement in south Asia KamalaBhasin.

SECOND SEMESTER

COURSE-I : GENDER AND LAW

Objectives

- Understanding feminist objection of conventional legal theory
- Understanding the existing constitutional and legal measures to address crime against women and analysis is of limitations

Course outcome

By the end of the Unit student will be able to understand -

- The meaning and objectives of feminist jurisprudence
- How to analyse Indian legal system with feminist perspective and legal provisions for women
- To what extent personal laws are helpful to women and recent amendments made in favour of women
- Issues of Violence against women and legal provisions to safeguard women from crime
- Protective measures for women in Labour laws

COURSE CONTENT

1. Feminist jurisprudence - Constitutional Safeguards - Directive principles of state policyfundamental duties and fundamental rights - Contemporary consensus - Indian Penal Code -National Commission of Women - Human Rights as Women's Rights - uniform civil code

2. Fundamental rights and women - article 14, article 15, article 16 and

article 21, judicial approaches to sex discrimination: the relevance of gender, employment, education. Directive principles and state policy -39(a), A39(d), A39(e), a 42

3. Personal laws- Hindu law; Marriage law- Age of marriage - Bigamy Fraudulent marriage -Marriage by force - Women rights on breakdown of Marriage - Divorce laws -Section 10 of Indian Divorce act - Divorce by Mutual consent - cruelty as a ground for divorce -women and custody rights - Maintenance laws-Hindu women's right to Maintenance - Property laws-Married women property rights - women's right to Matrimonial home - Hindu widows property rights - Role of NCW in legal amendments - Muslim women - Marriage, Divorce - triple talaq - Christian women - Marriage, Divorce - Property rights - Family courts

 Criminal law and Labor Laws - Dowry - PITA – Rape - kidnapping – Abduction – Adultery sexual harassment and CEDAW - Eve teasing - protection of women against Domestic Violence - Labor laws - Equal remuneration act - welfare and safety of women in Industrial laws - juvenile justice minimum wages- ESI - Sexual harassment at work place

REFERENCES

Subramanyan K.	Women and law, Hyderabad, Asia law house 1999	
Multiple Action Research Group	Our laws (vol.1 and 10) New Delhi: Dept of Women, Status of women in India.	
Vepa P. Sarathi	Law of Evidence, (Lacknow: Eastern Book Company, 1989)	
NirojSinha	Women and Violence, (New Delhi- Vikas, pub, house-	
Devan V.K.	Offences Against Women. II (ed) orient law House, New Delhi.	
Indraprakash Singh	Women law and Social change New Delhi, Radiant Publishers (1989)	
AchatanPillai	Criminal Law, (Bombay) N.M. Tripati Pvt. Ltd., 1988	
Sinha B.S.	Law and Social change in India, New Delhi, Deep and Deep Publications, 1983	
Shamsuddin	Women, Law and Social Change, New Delhi: Ashish Shams Publications Houses.	
SushmaSood	Violence Against Women (Jaipur: Arihant Publications, 1990).	
VimalaVeenaRaghavan	Rape and victims of Rape, (New Delhi, Northern Book Centre, 1987)	
Srivasthava	Women and Law (New Delhi, Lectural Publications 1954)	
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The Indecent Representation of Women probation Act-1986 MTP Act 1974 Pre-Natal Diagnostic Techniques (Prevention and Regulation of Misuse Act 1984) Gini- Reform of Muslim personal law. Bakshi P.M. -The offence of Rape and Certain medieo

COURSE-II :WOMEN AND HEALTH

Objectives

> Understanding the status of women's health in India

Course outcome

By the end of the Unit student will be able to understand -

- Anatomy and physiology of reproductive system
- Health and Nutritional needs of women
- Status of women's health at different stages of life with gender dimensions and challenges of health care system in India
- Women's reproductive rights and motherhood rights
- Ethics and reproductive technologies
- Gender bias in contraceptive technologies

COURSE CONTENT

1. The Concept of female sexuality- Female Physiology-Socio-cultural determinants controlling female sexuality-myths about motherhood and sexuality- Reproductive rights.

- 2. Status of women's health in India- Rural and urban disparities- gender differences in IMR, life expectancy- life cycle approach to identify women's health needs. Heath needs during menstruation, Pregnancy, Menopause- Gender dimension of HIV/AIDS causes for health disorders- remedial measures- Indigenous and modern methods.
- 3. Gender dimension of National population policy- State initiatives- reproductive choice- The role of Technology- Impact on women's health- Nutritional status of women- disparities Nutritional requirements of women at different stages of life- Nutritious-Programmes for promoting health and Nutrition- NRHM- RCH- Nutrition programme- Impact on women's health- Nutrition
- 4. Reproductive Rights and Motherhood Definition concepts rights sexual relationship no. of children spacing control over body UN declaration Surrogate motherhood womb transfer, ethics and reproductive technology- Contraception and family planning choice of contraceptives gender bias in contraceptive technology

- 1. Women and Health : VeenaShatrugna
- 2. The energy health and nutrition syndrome in women and poverty: SrilathaBatliwala
- 3. Women and Society in India : MithreyiKrishnaraj and Neera Desai
- 4. Mother and child survival in Dynamics of population and family welfare : MaliniKarkal
- 5. Demographic and nutritional background of status of women in India : Suresh B Kulkarni
- 6. Towards equality : CSWI report.
- 7. Dr. Sanjoy Roy (2010) Women in contemporary India-Realities and Perspectives, Akansha Publishing House, New Delhi.

COURSE-III :WOMEN AND POLITICS

Objectives

> Understanding the status and significance of women's political participation in India

Course outcome

By the end of the course the student will be able to understand-

- Political processes in Democracy-women's participation in election, lobbying, their role in people's movement
- Women participation in informal politics especially in trade unions, peasant movements, tribal movements and human rights movement and so on
- Women participation in politics as voter and ideologies of political parties in relation to women issues
- Women's role and participation in PRIs., legislature, executive, judiciary and police
- Reservation policy for women

- 1. Introduction to Women and Politics Formal and informal political process in democracy, election, pressure groups, lobbying, people movements etc.
- 2. Women and Political Process Women's role in informal political process-trade union movements, peasant movements tribal movements human rights movements etc., role models of successful women in informal political process.
- 3. Women and Elections Women's participation in the formal electoral process as voters and as candidates participation and problems of women in formal political structures. Political

parties - their ideologies and women's issues. Role models of successful women in formal political process.

4. Role of women in grass roots, democracy, panchayat Raj and women. 73rd and 74th Amendments. women's participation in legislature, executive, judiciary and police, barriers for entry and problems after entry, reservation for women in these sectors.

REFERENCES

- 1. Women in politics
- 2. Women and Panchayat Raj
- 3. Spaces within struggle
- 4. Indian Women: Change and challenge
- : Forms Egbert stifuing Foundation
- : SusheelaKaushik
- : IlinaSen
- : Neera Desai and Vibhuti Patel

COURSE-IV :FEMINIST RESEARCH METHODOLOGY Objective:

 Giving feminist perspective to research methodology and make the students learn feminist techniques in research

Course outcome:

By the end of the course the student will be able to understand-

- The concept of research and types of research
- Methodology used in Social Science research
- Critique of conventional research methodology by feminist
- Using gender as analytical variable in research –feminist techniques

COURSE CONTENT

- Social Science Research Concept, Definition, Objectives Types of Research Basic, Applied, Action oriented Scientific Research, Descriptive, Exploratory, experimental, Diagnostic – Participatory Research – Techniques
- Methodology Steps in designing research Sampling Methods of Sampling -Probability and non Probability- Data Collection - primary and Secondary Sources. -Different Methods - Quantitative and Qualitative data - Case Studies - Coding - Data Analysis - Tabulation - Simple statistical tools - Arithmetic mean - Variance -Correlation - Regression Analysis - Data Interpretation - writing report
- Feminist Methodology Feminist critique of conventional concepts of research Feminist Research – Significance – Characteristics - Sexism in research, Sexism in research and problems: Androcentricity, Over generalization / Over specificity, gender insensitivity, Double Standards – non sexist research concepts, and guidelines interactive methodology, Ethno methodology, Ethnography, experimental & content analysis.
- 4. Feminist Techniques Objectives, interview schedule, interview, oral testimony, case studies, gender as an analytical variable, Cross Cultural and longitudinal studies Triangulation objectivity Vs subjectivity, qualitative Vs quantitative research, Research Vs Researched, Personal Vs Political.

REFERENCES ಆರ್.ಇಂದಿರಾ, ಸಾಮಾಜಿಕ ಸಂಶೋಧನೆ

Kotari C.R. Research Methodology, WishwaPrakashana, New Delhi