

UNIVERSITY OF MYSORE

DEPARTMENT OF STUDIES IN FOOD SCIENCE AND NUTRITION

MGFSN/ 476/ 2018-19 DATED 21/02/2019

Nutrica

Nutrition Carnival

To facilitate the understanding of “Anemia Mukht Bharat” as well as to create awareness about healthy lifestyle along with good nutrition, an ‘Open Day’ has been organized for the benefit of Public and University staff and students.

Activities: Analysis of Body composition and Blood parameters (Hb, Glucose); Demonstration & Detection of Food Adulteration, Display of Healthy food choices, games, videos etc.

Date: 01.03.2019

Time: 10.00am - 5.30pm

Venue: Department,

Who can participate: Public, Healthcare professionals, students, research scholars, teaching and non teaching , faculty of UOM

NO REGISTRATION

Benefits: YOU WILL GAIN KNOWLEDGE ON

- Healthy food choices for prevention of anemia
- Complete guide for healthy lifestyle
- Check adulterated food in your day to day life
- What your body is composed of ?
- Strategies to improve scholastic & cognitive function in children

WE INVITE YOU TO ATTEND THE PROGRAM AND BENEFIT

Dr. Asna Urooj
Chairperson, DOS in Food Science and Nutrition,
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