

CURRICULUM VITAE



Name : **Divyashree.H.R**
Present position : Guest Faculty in Human Development
Department address : Department of Studies Food Science and Nutrition
University of Mysore, Manasagangothri,
Mysore - 570006
Residential address : D/o Raju. T
Hosur Gate,
Ballenahalli Post,
Hunsur Taluk, Mysore
Mobile : 9591407403
e-mail : divyashreehr@outlook.com, divyahrraj@gmail.com

1. ACADEMIC QUALIFICATIONS

| Degree | Year | University | Subject | Class |
|-----------------------|------|---|--|-------|
| M.Sc. | 2010 | University of Mysore | Human Development | I |
| B.Sc. | 2008 | University of Mysore | Chemistry, Microbiology, Food Science & Nutrition | I |
| Certificate Course | 2020 | Academy of Modern Applied Psychology on Udemy | Cognitive Behaviour Therapy | - |

2. ADDITIONAL QUALIFICATION AND TRAINING

- Pursuing Ph.D in Human development-
Research Topic: Physical and cognitive outcomes among low birth weight children at school age.
- Basic orientation and Technical Training for preparation of District Human Development Report by Government of Karnataka at Administrative Training Institute on 2013.

3. PROFESSIONAL EXPERIENCE

| INSTITUTION | POST HELD | YEAR |
|--|-----------------------|----------------|
| Department of Food Science and Nutrition, Manasagangothri, Mysore-06 | Guest faculty | 2015-till date |
| Grassroots Research And Advocacy Movement | Sr.Research Associate | 2014 |
| Grassroots Research And Advocacy Movement | Research Associate | 2013 |
| Grassroots Research And Advocacy Movement | Research Assistant | 2012 |
| Wee Care Hospital | Program Head | 2015-2018 |
| Swami Vivekananda Youth Movement | Office Manager | 2010-2012 |

FIELD OF SPECIALIZATION IN TEACHING

Mental Health across the life span, Adolescence and Youth- Problems, Challenges and Guidance, Reproductive health issues, Genetic Disorder and welfare programs, Genetic Counselling, Gerontology, Parenting in Childhood Years, Monitoring and Evaluation of child and family welfare programmes, Children with Special needs.

4. RESEARCH EXPERIENCE

Title of M.Sc. Dissertation (Project):

Domestic Violence on Women in Mysore (Rural area)

5. INTERNSHIP EXPERIENCE

- 5 weeks Internship at All India Institute for Speech and Hearing (AIISH), Mysore 2009.
- Internship at Rotary west and parents association of deaf children, Mysore 2010.

6. RESEARCH GUIDANCE: 02(Annexure 1)

- M. Sc. Dissertations and Projects : 02

6. RESEARCH PUBLICATIONS: 02 (Annexure 2)

Research papers published-02

7. RESEARCH PAPERS PRESENTED IN CONFERENCES/SEMINARS: (Annexure 3)

| | |
|--|-----------------|
| Research Papers presented at conferences | National |
|--|-----------------|

| | |
|-------------------------|-----------|
| Poster papers presented | 05 |
| Oral papers presented | 03 |
| Total | 08 |

8. PARTICIPATION IN SEMINARS/WORKSHOPS/CONFERENCES: 33
(Annexure 4)

- National Seminars/Webinars/workshops/conference- 30
- International Seminars/Webinars- 03

12. AWARDS- 01

- Late Smt. Lakshmi Jayagopal Endowment cash prize award for secured highest marks in M.Sc (Human Development) in 2010.

13. Invited talks/Special Lecture- 02

2019

- Resource person for the contact class of Diploma in Nutrition and Health education at Karnataka State Open University, Manasagangothri, Mysore.

14. Organization of program (Seminar/conference/workshop)

- Organizing committee member-Silver Jubilee National Seminar of Human Development on “**Risks and Resilience Across the Life Span**” on 15th and 16th March 2018 at Manasagangothri, Mysuru.

Faculty/Student Related Program Organized

- **Recreational Programme** for Elderly Citizens at Little Sisters for Poor - Home for Aged, Gandhinagar, Mysore has been organizing every year as practical work.
- **Parent Education Programme** for parents of special children regarding rights, problems, therapy and counselling has been organizing every year as practical work.

Other Information

- As one of the authors, written the chapters for
-Human Development Report – 2014 of Kodagu District and
-Human Development Report – 2014 of Kolar District during 2014

Annexure 1

LIST OF M.Sc. DISSERTATION/ PROJECTS GUIDED- 02

2019

Sleep Problems among Premenopausal, Menopausal and Postmenopausal Women in Mysuru'. Amrutha.S.S

2021

Teachers Knowledge attitude and Practice towards inclusive education. Anusha.J.S

Annexure 2

PUBLICATION OF RESEARCH ARTICLES IN NATIONAL JOURNALS -02 2018-19

Divyashree H,R. and Komala M., “Domestic Violence Against women in Rural Area of Mysore” my Society, Biannual Refereed Arts journal of the University of Mysore, 2018-19, March-Aug, September-February, Vol. 12 (1-2):26-36, ISSN 2349-5982.

2020

- Published paper on “Physical Growth and Nutritional Status: A Comparative Study between Low Birth Weight and Normal Birth Weight School Children” in edited book of 33rd Biennial conference of HSAI at Avinashilingam University, Coimbatore, TamilNadu. ISBN 978-9385604-11-9.

Annexure 3

POSTER AND ORAL PAPERS PRESENTED AT NATIONAL CONFERENCES-08

- **Divyashree.H.R** and Komala.M.“Domestic Violence against Women in Rural Area of Mysore” at 9th National Women’s Science Congress at Doddaballapur held on November 2016.
- **Divyashree.H.R**, Komala.M and Zeba Fathima. “Physical growth and nutritional status: A comparative study between low birth weight and normal birth weight school children” at 51st National conference of the

Nutrition society of India held at 8th and 9th November 2019 at Rajiv Gandhi Centre for Biotechnology, Thiruvananthapuram, Kerala.

- **Divyashree.H.R** and Komala.M “Physical Growth and Nutritional Status: A Comparative Study Between Low Birth Weight And Normal Birth Weight School Children” at 33rd Biennial conference of HSAI held at January 2020, Avinashilingam University, Coimbatore, TamilNadu.

Poster Presentation

- **Divyashree.H.R,** Ramya Bhaskar and Komala.M. “Children of teen mothers – risks and challenges”, in UGC sponsored National conference on scientific perspectives of home sciences held on 6th and 7th March 2017 at Avinashilingam University, Coimbatore, TamilNadu.
- Inchara.R and **Divyashree.H.R** “Social Media usage among adolescents” in UGC sponsored National conference on scientific perspectives of home sciences held on 6th and 7th March 2017 at Avinashilingam University, Coimbatore, TamilNadu.
- **Divyashree.H.R** and Komala.M “Cognitive outcomes of Low birth weight children” at Silver Jubilee National Seminar of Human Development on “Risks and Resilience Across the Life Span” on 15th and 16th March 2018 at Manasagangothri, Mysuru.
- Ananda.L, **Divyashree H.R.** and Komala M. “Risk Factors Associated With The Mentally Challenged Children” at Silver Jubilee National Seminar of Human Development on “Risks and Resilience Across the Life Span” on 15th and 16th March 2018 at Manasagangothri, Mysuru.
- Amrutha S.S, **Divyashree H. R** and Komala M. “Infertility Among Women Of Reproductive Age” at Silver Jubilee National Seminar of Human Development on “Risks and Resilience Across the Life Span” on 15th and 16th March 2018 at Manasagangothri, Mysuru.
- Shreedhara R,**Divyashree H.R.** and Komala M. “Risk Factors of Child Labour In India” in at Silver Jubilee National Seminar of Human Development on “Risks and Resilience Across the Life Span” on 15th and 16th March 2018 at Manasagangothri, Mysuru.
- **Divyashree.H.R** and Komala.M “Binge eating behaviors among young girls in Mysore city” at 49th Annual National conference of Nutritional society of India, held on 2nd, 3rd and 4th - November 2017 at Assam Agricultural

university, Assam.

- **Divyashree.H.R** and Krishnamurthy.K. “Autism-Towards Autonomy and Self Determination” at department of studies in food science and nutrition, University of Mysore.

Annexure 4

PARTICIPATION IN WORKSHOP/SEMINAR/SYMPOSIUM-

1. UGC National Seminar on “Functional Food for Health Promotion and Diseases Prevention” organized by Department of studies in Food Science and Nutrition, University of Mysore, Manasagangotri, Mysore on 14th – 15th February 2008 at Mysore.
2. State Level Media workshop on Development Journalism hosted by GRAAM (also involved in event coordination) 2012.
3. Workshop on Focus Group Discussion and other data collection techniques conducted by Azim Premji University 2012.
4. Internal workshops at GRAAM on community consultation, tool development for researches and surveys, orientation on DHDR 2013.
5. 9th National Women’s Science Congress organized by Matravedike (Swaddeshi Vijnana Andolana-Karnataka) jointly with RL Jalappa Institute of Technology at Doddaballapur held on November 2016.
6. One day workshop on “Application of Statistics in the field of Food Science and Nutrition, and Human Development using Statistical Package for Social Sciences [SPSS]” was organized on 19th November 2016 at department of studies in Food Science and Nutrition, University of Mysore.
7. UGC sponsored National conference on scientific perspectives of home sciences held on 6th and 7th March 2017 at Avinashilingam University, Coimbatore, TamilNadu.
8. 49th Annual National Conference of the Nutrition Society of India on “Biodiversity, Traditional Food Systems and Wellness: Connecting Global Priorities” jointly organized by Nutrition Society of India, Hyderabad and Assam Agricultural University, Jorhat, Assam on 3rd& 4th November 2017.
9. UPE Sponsored Silver Jubilee National Seminar on “ Risks and resilience across the life span” organized by Human Development, Department of Studies in Food Science and Nutrition, Manasagangothri, Mysore held on 15th and 16th March 2018 at IOE auditorium, Vijnana Bhavan, Manasagangotri, Mysore.
10. 51st National conference of the Nutrition society of India held at 8th and 9th November 2019 at Rajiv Gandhi Centre for Biotechnology,

Thiruvananthapuram, Kerala.

11. 33rd Biennial conference of HSAI held at January 2020, Avinashilingam University, Coimbatore, TamilNadu.
12. Workshop on ‘complementary therapies in Autism Spectrum Disorder: Interplay between diet and gut Micro-Biota’ held on 15th February, 2020 at university of Mysore.
13. Silver Jubilee National Seminar of Human Development on “Risks and Resilience across the Life Span” on 15th and 16th March 2018 at Manasagangotri, Mysuru.
14. International Webinar on “Nurturing Physical, Mental and Social Health: During and Post COVID 19 organized by Institute of Home Science, Dr.Bhimrao Ambedkar University, Agra, held on 16th May 2020.
15. Two days National workshop on “Prevention and Promotion of Mental Health in Coronakaal” conducted by Saksham Society, Jaipur, Rajasthan on 29th and 30th June 2020.
16. Two day International Webinar on Different minds-Flip from suffer to sustain organized by Department of Human Development held on 3rd and 4th July 2020.
17. Webinar on Psychosocial Impact of COVID 19 on Education and its stakeholders- Students, Teachers and Parents held 26th June 2020 organized by the Home Science Association of India, Karnataka State Chapter.
18. International online conference on “Fasting: Molecular mechanisms and its clinical applications” organized by Ministry of Ayurveda, Government of India on 16th August 2020.
19. National Level Webinar on “ Influence of Social Media on students Mental Health” organized by Department of Collegiate education, Government of Karnataka on 17th October 2020.
20. Webinar on “Early intervention for Children with Down Syndrome” held on 30th October, 2020 organized by Eblity.
21. National webinar on “Challenges of Neonatal Care and Infant Protection” organized from Human Development wing of Department of studies in Food Science and Nutrition, University of Mysore, Manasagangotri, Mysore on 19th and 20th November 2020.
22. Webinar on “Intellectual Disability: Causes & intervention for parents & Professionals” organized by Eblity held on 21st November 2020.
23. National Webinar on “Challenges of Neonatal care and infant protection “organized by Human development, Department of Food Science and Nutrition, Mysuru held on 19th and 20th November 2020.
24. Online Dieticians meet program on “strong immunity in children with Right Nutrition” organized by Himalaya Drug company in association with

Indian Dietetic Association, Mysore on 10th November 2020.

25. 1 month workshop on “Play Therapy” by Psych Corner on November 2020.
26. Webinar on “Planning and instruction for children with Specific leadership Disorders” by Eblity held on 21st January 2021.
27. Webinar on “identification & Diagnosis of Specific Learning Disorders” held on 14th January, 2021 organized by Eblity.
28. Webinar on “Introduction to Specific Learning Disorders” held on 14th January, 2021 organized by Eblity.
29. Special lecture on the topic “Creating a healthy and sustainable food environment” held on 16th June 2021 organized by Department of Studies in Food Science and Nutrition, Manasagangothri, Mysore.
30. Special lecture on the topic “Personality development for career development” held on 26th June 2021 organized by Department of studies in Food Science and Nutrition, Manasagangothri, Mysore.
31. Special lecture on the topic “Nutrition and Mental Health” held on 30th June 2021 organized by Department of studies in Food Science and Nutrition, Manasagangothri, Mysore.
32. Workshop on Effective techniques for improving self regulation and impulse control among children with ADHD organized by Eblity on 13.07.2021.
33. Workshop on Strategy to turnaround the most challenging moments with your child/Student organized by Eblity on 17.07.2021.