



**Indian Dietetic Association  
Mysore Chapter**

**Department of Studies in Food Science & Nutrition,  
Manasagangotri, University of Mysore**

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### CIRCULAR

Obesity is one of the major risk factor for number of chronic diseases such as diabetes, cardiovascular disease and cancer. 5% of our population have morbid obesity. **Anti-Obesity Day (AOD)** is observed in various parts of the world on November 26<sup>th</sup>, with several healthcare organizations and leading media primarily in India and the Gulf Cooperation Council (GCC) countries marking the day with activities to highlight how Obesity is a public health hazard.

The department in association with Indian Dietetic Association-Mysore Chapter is organizing an '**Obesity assessment camp**' on the 19<sup>th</sup> of **December 2015** with an aim to create awareness among the faculty of University regarding nutritional management of obesity. The following facilities will be provided to the registered faculties free of charges:-

- Assessment of nutrition status
- Body composition analysis
- Diet counselling

Interested faculties can register themselves for the activity before **07/12/2015**. Spot registration will not be encouraged. Registration is limited to 100 participants only. Kindly contact the enlisted members for registration.

1. Dr.Asna Urooj – Mob: 9448489334, office 2419632
2. Mr.Chandan Vinay.S – Mob: 7760219901

Dr.Asna Urooj  
Professor & Chairperson

**Venue: Seminar Hall, DOS in Food Science & Nutrition**