



# JeevaRaksha Trust

(A Rajiv Gandhi University of Health Sciences and Swami Vivekananda Youth Movement Initiative)

#496, 11<sup>th</sup> Cross Road, 8<sup>th</sup> Main Road 2<sup>nd</sup> Phase J P Nagar, Bengaluru-560078

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7<sup>th</sup> January 2022

To,  
The Registrar  
University of Mysore  
Mysuru

**Sub: One day "Basic Care and Life Support" Course**

Respected Sir,

JeevaRaksha Trust is a special purpose vehicle created by Rajiv Gandhi University of Health Sciences (RGUHS) Karnataka and Swami Vivekananda Youth Movement in technical collaboration with University of Utah, USA to roll out 'Certified Skill Courses' in Basic and Emergency Care and Life Support equipping doctors, nurses, paramedics and public safety professionals with necessary skills to transform the Emergency Care response system and thus save lives.

Basic Care and Life support training (BCLS) is a one day training course for first responders during medical emergencies including health care professionals, students and front-line workers. The course provides clinical simulation experience in a safe, non-threatening environment facilitating skill building.

The module covers

- Managing Common Emergencies
- Managing COVID 19
- Scene Safety
- Communication Skills
- Cardiac arrest and AED usage
- Choking
- Haemorrhage control

RGUHS accredited certificate is provided valid for 5 years and for renewal.

We will be very glad to provide training to the staffs and students of University of Mysore with all Covid related safety precautions.

Thanking You

Yours sincerely,

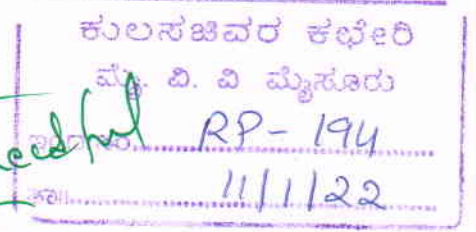
Dr Ram Nair  
CEO, JeevaRaksha Trust

For more information please visit: [jeevaraksha.org](http://jeevaraksha.org)

Sathya Raj.S - 9964225373

DR (nair)

Pub-up  
for the needful  
7/1/2022



BCLS  
no





JeevaRaksha



# JeevaRaksha

RGUHS and SVYM Initiative

## Basic Care and Life Support (BCLS)



## What is taught

- Managing common emergencies
- How to do chest compression and safely apply shock in cardiac arrest
- To control life threatening bleeding
- To help relieve choking due to obstruction in throat
- Safe transfer to hospital

## Outcome:

- Confidence to manage emergencies
- Resuscitate patients under any stressful emergency situation
- Opportunity to teach others

## Who Can Take The Course:

- Doctors, Nurses
- General Public
- Allied Health Graduates

## Why BCLS:

- Certified by Rajiv Gandhi University of Health Science
- Mandatory for all the graduate students affiliated to RGUHS
- One day practical oriented sessions
- Opportunity to become a Jeeva Raksha trainer



## Testimonials

"The practical sessions helped me to learn when and how we should provide CPR to a patient. I am now confident to provide CPR to a patient in any situation"

● **Sneha Saju,**  
BGS Apollo Nursing College

"Program is extremely well planned and meets 100% of its purpose of conduct. The instructors are very enthusiastic, interactive and made the concepts simple and understandable to each and every participant besides prompt conduct of assessment. Also appreciate the creative ideas during demo and assessment process"

● **Dr. Roopashree TS,**  
Asst. Registrar, RGUHS

## Contact Information

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